C.O.R.E.

CRISIS OUTREACH RESPONSE AND ENGAGEMENT



RESOURCE GUIDE 2024

What Does the CORE Team Do?

We aim to promote and provide outreach, resources, connection, and advocacy to advance the quality of life of the Longmont community and individuals with behavioral health needs. This is accomplished through education, clinical intervention, and community safety assessment.

LONGMONT COMMUNITY RESOURCES

Hospitals

- Longmont United Hospital 303-651-5111 (1950 Mountain View Ave, Longmont, CO 80501)
- UC Health Longs Peak Hospital 720-718-7000 (1750 E Ken Pratt Blvd., Longmont, CO 80501)

Local Mental Health Services

- 24/7 Crisis Walk-In Center- Mental Health Partners (3180 Airport Rd, Boulder, CO 80301)
- See below for a detail list of therapy services for youth, adult and senior mental health services

Homeless Services

- <u>Coordinated Entry</u> All single homeless adults must go through the Coordinated Entry process to receive services from Boulder County or the cities of Boulder or Longmont. Client screening services are available in Boulder and Longmont. For information on severe weather shelters in Longmont, please call nonemergency dispatch at 303-651-8501.
- OUR Center 303-772-5529
 Emergency resource assistance including food, clothing, and financial assistance for Longmont residents.
- Emergency Family Assistance Association (EFAA) 303-442-3042
 Food and shelter, financial assistance for medical prescriptions, rent and utilities for families in Boulder County

- Homeless Outreach Providing Encouragement (HOPE) 720-494-4673/720-210-7217
 HOPE provides life-sustaining and supportive services for homeless and at-risk individuals to encourage stability and self-sufficiency.
- <u>TGTHR (Attention Homes)</u> 303-447-1206 (Main Office); 303-447-1207 (The Source Shelter) TGTHR is dedicated to providing youth and young adults ages 12 to 24 with an opportunity to change their lives. They offer shelter, community-based living and teaching of life skills necessary for an independent future.
- <u>Safe Shelter of St. Vrain Valley</u> 303-772-4422
 Provides a comprehensive system of programs and services to address the needs of victims and domestic abuse.

Inclusive Services

- Out Boulder County 303-499-5777 (Boulder) 720-600-4138 (Longmont)
 Educating, advocating and providing services, programs and support for Boulder County's Lesbian, Gay, Bisexual, Transgender and Queer communities.
- <u>Senior Center</u> (303) 651-8411 (Longmont) 303-441-4388 (Boulder) Build and foster opportunities which promote dignity, wellness, independence, enjoyment, community, and a sense of purpose for older adults.
- <u>Center for People With Disabilities</u> 303-442-8662
 CPWD provides Independent Living Services by providing core services in Independent Living Skills,
 Advocacy, Information and Referral, and Peer Support.
- <u>El Comite de Longmont</u> 303-651-6125 El Comité de Longmont provides an array of services addressing the emerging human service and human rights concerns of the rising Latino/Chicano population in Boulder County and beyond.

Legal

<u>Boulder County Legal Services</u> – 303-449-7575
 The Boulder office of Colorado Legal Services provides legal advice and representation to low income eligible persons and seniors in civil matters.

Wrap-around Services

• Boulder County Housing and Human Services

Wide range of wrap-around services including food, housing, health coverage, child care, safety, education and skill building, parenting supports.

Phone numbers can be found here.

LOCAL MENTAL HEALTH RESOURCES

KEY: ACCEPTS MEDICAID

- CALL OR TEXT 9-8-8
- 24/7/365 Colorado Statewide Crisis Line
 - Call 1-844-493-8255 or Text TALK to 38255

Mental Health Partners

- https://www.mhpcolorado.org/mental-health/
- o Walk-in Crisis Center- 3180 Airport Rd, Boulder
- Longmont location (not crisis center) 529 Coffman St
 - Ph: 303-443-8500
 - Withdrawal Management (Boulder County) 303-441-1281 Support available 24/7

North Range Behavioral Health

- https://northrange.org/crisis-resiliency-center/
- o Walk-in-in Crisis Center (Monday-Friday 8am to 5pm)- 5901 Majestic St, Frederick
- o Ph:970-347-2120 option #2

LifeStance Health: Counseling and Psychiatric services

- o https://lifestance.com/location/longmont-co-1630-dry-creek-drive/
- o Ph: 970-310-3406, 1630 Dry Creek Drive

Hopelight Behavioral Health

- o https://www.hopelightbh.org/
- o 1351 Collyer St Longmont, CO 80501
- o 303-834-9338

Mental Health Evaluations and Civil Commitments - Boulder County (court-ordered petitions)

https://www.bouldercounty.org/families/medical/treatment-commitments/

Thriveworks Counseling & Psychiatry

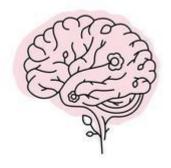
- https://thriveworks.com/longmontcounseling/?utm_source=GMBlisting&utm_medium=organic&field:8499441=GMB
- o 525 3rd Ave Ste 108, Longmont CO 80501
- o Ph: 720-902-9087

Momentum Counseling & Consulting

- o https://momentumcac.com/
- o 970-829-8780
- o 1035 Coffman St. Suites 201 and 202
- Spanish services

Mindfully

- https://mindfully.com/
- 0 720-526-8102
- o 825 Delaware Ave, Suite 2



SENIOR SERVICES

Longmont Housing Authority

- https://www.longmonthousing.org/resident-resouces
- Helps provide housing and related services to low income and moderate income families, elderly and disabled households

Longmont Senior Services:

- https://www.longmontcolorado.gov/departments/departments-n-z/senior-services/supportiveservices
- 910 Longs Peak Ave Longmont, CO 80501
- Monday through Friday 8 am to 5pm
- Ph: 303-651-8411

Cultivate

- https://cultivate.ngo/
- Provides senior care resources including assistance with grocery deliveries, veteran assistance, house repairs, companion care, snow removal and yard maintence.
- Ph: 303-442-1933

TruPace

- https://www.pace.trucare.org/pace-referral-form/
- Organization providing inclusive in-home care, services, resources, and supports for senior citizens. May not hurt to take a look at what they offer and connect with them to see if they can assist.
- Ph: 303-926-4745, Monday through Friday 8 am to 5 pm

Caring.com

- https://www.caring.com/caregivers/starting-the-conversation/
- Provides senior care resources for family caregivers seeking information, guidance, and support
- Ph: 800-973-1540

Go Catalogue

- https://www.longmontcolorado.gov/departments/departments-n-z/senior-services/catalogand-registration-senior-services
- Quarterly catalogue resource for 55+ programming in Longmont.
- Ph: 303-651-8411



YOUTH SERVICES

- Action Behavior Centers- ABA Therapy for Autism
 - https://www.actionbehavior.com/locations/colorado/aba-therapy-longmontco/?utm_source=google&utm_medium=organic&utm_campaign=gmb
 - 1921 Corporate Center Cir Ste 3G, Longmont CO 80501
 - **720-405-6201**
 - Autism testing/evaluation and treatment
 - Accepts most insurances, including Medicaid
- IMatter: Short-term services for youth and parents
 - o https://imattercolorado.org/
- Longmont Youth Center: Free services for youth, families, parenting support
 - https://www.longmontcolorado.gov/departments/departments-a-d/children-youth-and-families
 - o Ph: 303-651-8580
 - o 1050 Lashley St, Longmont, Colorado 80501
- Lighthouse Neurofeedback & Behavior Analysis
 - o https://www.lighthousetherapeutics.com/home-aba
 - o Offers ABA, neurofeedback, early-intervention
 - Spanish services
 - Accepts Medicaid
 - o 1823 Sunset PI Ste C, Longmont CO 80501
 - o 720-449-6676

KidStuff:

- Offers animal-assisted therapy, art therapy, self-harm reduction, wilderness therapy, cognitive behavioral, etc...
- https://www.kidstuffcounseling.com/longmont-colorado/
- o Ph: 970-775-7061
- o 630 15th Ave #104 Longmont, CO 80501

Boulder County:

- https://www.bouldercounty.org/families/addiction/substance-use-and-mental-healthresources/
 - This website has a list of mental health and substance use providers in the county.
- Rise Against Suicide:
 - o For youth at-risk of suicide experiencing financial and social barriers to treatment
 - https://www.riseagainstsuicide.org/



STATE AND NATIONAL MENTAL HEALTH RESOURCES

• 9-8-8- Call or text the National Suicide and Crisis Hotline

Colorado Crisis Services

- o Support, advocacy, and crisis line info for families and individuals struggling with suicidality
- https://coloradocrisisservices.org/
- Ph: Call 1844-493-TALK (8255) or text TALK to 38255

SAMHSA:

- resource than can provide advice, support, and information related to mental and/or substance use disorders:
- o https://www.samhsa.gov/find-help/national-helpline
- o Ph: 1-800-662-HELP (4357)

Colorado Office of Behavioral Health: Involuntary Substance Use Treatment

- https://cdhs.colorado.gov/behavioral-health/substance-use-commitment
- o Ph: 303-866-7502

Sexual Assault Hotline- MESA (Movement to End Sexual Assault

- Not-for-profit program that serves as the sexual violence resource center for Boulder County
- Ph: Call 303-443-7300 or Text BRAVE to 20121

National Alliance on Mental Illness (NAMI)

- o https://www.nami.org/home
- The nation's largest grassroots mental health organization dedicated to building better lives for the millions of American's affected by mental illness through education, support, advocacy, listening and leading.

BRAIN INJURY ALLIANCE

- https://biacolorado.org/
- Provides support, connections and available resources that survivors and their support networks need
- o Ph: 303-355-9969



CONTACT US: