

# **CITY INFORMATION**





Interviews for Ice Pavilion positions, including skate guards, front desk, skating instructors, begin in August & September.

# JOBS WHERE FUN HAPPENS

Hiring for all jobs, all areas.
Apply today

» Visit bit.ly/longmontrecjobs

Quick Reference Guide

# 3 Easy Ways to Connect with Recreation

Questions? Registrations? Reservations?



# **ONLINE**

RecSupport@LongmontColorado.gov

- » Home Page: www.LongmontColorado.gov/rec
- » Program Registrations: https://rec.ci.longmont.co.us
- » Select self-service online cancellations
- » Park Shelter Reservations: www.LongmontColorado.gov/park-shelters



# IN PERSON

- » Longmont Recreation Center, 310 Quail Rd
- » St Vrain Memorial Building, 700 Longs Peak Ave
- » Centennial Pool, 1201 Alpine St



# **OVER THE PHONE**

See more phone numbers inside on page 3 in the City Info Section

- 1. Registration & Pass Sales: 303-774-4700
- 2. Longmont Recreation Center: 303-774-4800
- 3. St Vrain Memorial Building: 303-651-8404
- 4. Centennial Pool: 303-651-8406
- 5. Park Shelter Reservations: 303-651-8404



# IMPORTANT INFORMATION

- » Full payment is due at registration unless otherwise noted.
- » \$5 minimum service charge assessed for cancellations. Cancellations requested with less than 7 days notice are subject to no refund or loss of a percentage of fees paid.
- » Sorry, refunds cannot be given in cash. A check will be issued and mailed within 2 weeks.
- \$25 charge on all returned checks.
- » A resident is defined as living within the City limits of Longmont and having utilities (trash service) provided by the City of Longmont.
- » Classes may be cancelled or consolidated if minimum enrollment figures are not met 3 business days before a class starts. Participants will be contacted.

# **20 VISIT PASS**

Valid at all facilities - Expires 5 years from date of purchase.

		,	Corp/Mil	
All Ages	\$105.00	\$131.50	\$94.50	Able to
20 visit passes are with friends and f		s and may	be shared	renew online

# **30-Day Pass**

	Resident	Non-Res	Corp/Mil	
Child 2-10 yrs	\$22.00	\$27.50	n/a	Valid at all
Youth 11-17 yrs	\$31.25	\$39.00	n/a	facilities. Expires 30
Adult 18-54 yrs	\$52.25	\$65.25	\$47.00	days from
Senior 55 and up	\$31.25	\$39.00	\$28.00	start date. Able to
Household <sup>†</sup>	\$100.65	\$125.50	\$95.25	purchase/
Couple	\$89.75	\$112.25	\$84.50	renew online

# 3-MONTH PASS\*

	Resident	Non-Res	Corp/Mil	
Child 2-10 yrs	\$57.50	\$71.75	n/a	Valid at all facilities.
Youth 11-17 yrs	\$82.50	\$103.00	n/a	Expires 3
Adult 18-54 yrs	\$144.00	\$180.00	\$115.25	months from date of
Senior 55 and up	\$82.50	\$103.00	\$66.00	purchase.
Household <sup>†</sup>	\$271.00	\$338.75	\$242.25	Able to
Couple	\$238.75	\$298.00	\$209.75	purchase/ renew online

# **ANNUAL PASS: Monthly Payments\***

	Resident	Non-Res	Corp/Mil	
Child 2-10 yrs	\$20.50	\$25.75	n/a	Valid at all
Youth 11-17 yrs	\$29.00	\$36.25	n/a	facilities.
Adult 18-54 yrs	\$50.50	\$63.00	\$45.50	Monthly credit card
Senior 55 and up	\$29.00	\$36.25	\$26.00	charge or
Household <sup>†</sup>	\$95.75	\$119.75	\$90.75	checking/ savings.
Couple	\$84.75	\$106.00	\$79.75	savings.

account debit minimum commitment 12 + months required. Subject to early termination fee of one month. Auto Renews. Forms to cancel auto debit must be received by the 25th of the month prior to stopping; no proration. Any overdraft fees responsibility of cardholder.

# **ANNUAL PASS: Paid in full\***

	Resident	Non-Res	Corp/Mil	
Child 2-10 yrs	\$199.50	\$249.50	n/a	Valid at all
Youth 11-17 yrs	\$286.00	\$357.50	n/a	facilities -
Adult 18-54 yrs	\$501.00	\$626.25	\$400.75	Expires 1 year from date
Senior 55 and up	\$286.00	\$357.50	\$228.75	of purchase. Includes 2-6
Household <sup>†</sup>	\$942.75	\$1,178.50	\$842.50	free visits with
Couple	\$830.00	\$1,037.50	\$729.75	purchase

\*The benefits of 3-Month and Annual passes: Admittance to all indoor year round facilities. Admittance to seasonal outdoor facilities (Ice Pavilion, Sunset Pool, Kanemoto & Roosevelt Activity Pools). †Household pass: The household rate is for 2 adults and their children (22 & under) living at home. Free babysitting at LRC for Household Pass holders.

# **DROP-IN VISIT**

(per person)	Resident	Non-Residen	ıt
Child 2-10 yrs	\$5.50	\$6.75	Drop-In Visit fees are
Youth 11-17 yrs	\$6.00	\$7.50	good for all day, same
Adult 18-54 yrs	\$7.00	\$8.75	day use, same user with receipt.
Senior 55 and up	\$6.00	\$7.50	with receipt.

# **ICE RINK GENERAL ADMISSION**

	Resident	Non-Reside	ent
Child 2-5 yrs	\$6.00	\$7.50	
Youth 6-17 yrs	\$6.50	\$8.00	Ice passes available, see online
Adult 18-54 yrs	\$7.50	\$9.00	LongmontColorado.gov/
Senior 55 and up	\$6.50	\$8.00	<u>Ice-Pavilion</u>
Skate Rental	\$4.00	Skate Sharp	ening \$11.00

# PRESCHEDULED GROUP RATE (10+ people)

A reduced rate for groups of 10 or more is available at Recreation Facilities with at least 24 hours' notice. See online LongmontColorado.gov/rec, email RecSupport@longmontcolorado.gov or call 303-774-4700 for information.

# **CORPORATE RATE**

Recreation partners with businesses to promote health & wellness. A minimum of 3 pass-holding employees are required for corporate status. Employees (re) enroll each year to receive benefits. Call 303-651-8821 to inquire.

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### Follow us on Facebook!

www.facebook.com/longmontrecreation

48 PARTIES & RENTALS

Para información sobre esta publicación en Español llame al 303-651-8601 o correo electrónico maria.tostado@longmontcolorado.gov

# Longmont

# **CITY INFORMATION**



# LONGMONT CIVIC CENTER

350 Kimbark St | 303-776-6050

# **Hours of Operation:**

Mon-Fri 8am-5pm | Closed Sat and Sun

Holidays: Closed Sept 2, Nov 11, Nov 28,

Nov 29, & Dec 25



### **CITY COUNCIL**

There are a variety of ways to contact city council members:

- City council meetings, most Tuesdays at 7 pm
- Coffee with Council, one Saturday of every month Jan-Oct
- Mail c/o City Clerk's Office, 350 Kimbark St. 80501
- · Email and phone

### **MAYOR**

### **Joan Peck**

Term expires 11/2025 joan.peck@longmontcolorado.gov 303-774-3619

### **WARD I**

### **Diane Crist**

Term expires 11/2027 diane.crist@longmontcolorado.gov 303-774-3614

### **WARD II**

# **Marcia Martin**

Term expires 11/2025 marcia.martin@longmontcolorado.gov 303-774-3617

### WARD III /Mayor Pro Tem

# Susie Hidalgo-Fahring

Term expires 11/2025 susie.hidalgofahring@longmontcolorado.gov 303-774-3612

# Join Coffee with Council in 2024

The public is invited to
Coffee with Council January
through October, at locations
throughout Longmont. Find locations
online at bit.ly/coffeewithcouncil
See 2024 dates online | Saturdays, 9-10am
For information about city council meetings
and agendas, call the City Manager's Office
at 303-651-8601 or visit
longmontcolorado.gov/agendas

### AT-LARGE

# Shiquita Yarbrough

Term expires 11/2025 shiquita.yarbrough@longmontcolorado.gov 303-774-3613

### AT-LARGE

### Sean McCoy

Term expires 11/2027 sean.mccoy@longmontcolorado.gov 303-774-3618

### **AT-LARGE**

### **Aren Rodriguez**

Term expires 11/2025 aren.rodriguez@longmontcolorado.gov 303-774-3615

### **GOLF ADVISORY BOARD**

Marshall Allen John Hay
Paul Mayer Rick Accountius
Sean McCoy, City Council Liaison

Philip Schluckebier Anne Dorozenski

# **MUSEUM ADVISORY BOARD**

Bruce Montgomery Caley Cordova Catherine Cox Robert Lee Bruce Katuna Catlyn Keenan Thomas Kurtz Linda Buchsbaum

Susie Hidalgo-Fahring, City Council Liaison

# PARKS & RECREATION ADVISORY BOARD

Paige LewisErin AngelNick NovelloScott ConlinThomas DavisSam LibbySean McCoy, City Council LiaisonHannah Mulroy

# SENIOR SERVICES ADVISORY BOARD

Art Quintana David Brenna
Ellon Dooley Erik Brack
John Higgins Maria Cortez
Marcia Martin, City Council Liaison

Arlene Zortman Anne Coakley

# CALLAHAN HOUSE ADVISORY BOARD

Karen Kruse Karen Reed Maureen McCoy Cindy Martini Candis Schey Brittaney Hastings, Staff Liaison

### LIBRARY ADVISORY BOARD

Jamie Quirk Catherine FinkJohnson Nicole Gallifrey Katie Wiser Susie Hidalgo-Fahring, Council Liaison

# COME SERVE ON AN ADVISORY BOARD OR COMMISSION

When you serve as a volunteer on an advisory board or commission, you have the opportunity to provide input that contributes to the city's decision-making process!

Volunteering is a great way to enhance your knowledge of city government and become an advocate for the many programs and services that the City of Longmont offers to residents.

To view applications and detailed descriptions of current Boards and Commissions openings, visit <a href="https://www.Longmontcolorado.gov/boards">www.Longmontcolorado.gov/boards</a>



# **CITY INFORMATION**

LONGMONT PHONE NUM	BERS
General Information	303-776-6050
Animal Control	303-651-8500
Building Inspection	303-651-8332
CDBG / Affordable Housing	303-651-8736
Centennial Pool	303-651-8406
Children, Youth and Families	303-651-8580
City Clerk's Office	303-651-8649
City Manager / Mayor	303-651-8601
Code Enforcement	303-651-8695
Community & Neighborhood Resources	303-651-8444
Economic Development	303-651-0128
Electric Power Interruption	303-776-0011
Employment Opportunities/Human Resources	303-651-8609
Facility Rental Hotline	303-651-8443
Fire Administration	303-651-8437
Forestry	303-651-8416
Hearing Impaired TTD#	800-659-3656
Longmont Museum & Stewart Auditorium	303-651-8374
Longmont PD/BCSO Firing Range	303-774-4587
& Training Center	or 303-774-4589
Longmont Power & Communications	303-651-8386
Longmont Public Library	303-651-8470
Longmont Recreation	303-651-8404
Municipal Court	303-651-8688
NextLight Internet	303-774-4494
Parking Enforcement	303-651-8658
Turking Linorcement	or 303-774-4724
Parks, Open Space & Trails	303-651-8416
Police Administration	303-651-8555
Public Works Engineering	303-651-8304
Senior Center	303-651-8411
Streets & Traffic	303-651-8416
Sunset Pool (Seasonal)	303-651-8300
Sunset Golf Course	303-651-8466
Trash/Recycling/Composting	303-651-8416
Twin Peaks Golf Course	303-651-8401
Union Reservoir	303-772-1265
Ute Creek Golf Course	303-774-4342
Utility Billing	303-651-8664
Water/Sewer/Storm Drainage	303-651-8416

### LONGMONT ONLINE

- A LongmontColorado.gov
- LongmontColorado.gov/Link2Longmont
- LongmontColorado.gov/cityline
- ongage.longmontcolorado.gov
- facebook.com/cityoflongmontco
- voutube.com/user/cityoflongmont
- Instagram: @longmontcolorado





Scan the QR code or visit <u>EfficiencyWorks.org</u> to apply for double savings!

# CITY OF LONGMONT IS COMMITTED TO SUPPORTING PEOPLE OF ALL ABILITIES IN RECREATION THROUGH BOTH SPECIALIZED AND INCLUSIVE PROGRAMS.

We strive to exceed the requirements set forth in the Americans with Disabilities Act and to create a welcoming and supportive community. If you require an accommodation, please notify us at least two weeks in advance. For more information and/or to request accommodation go to <a href="https://www.longmontcolorado.gov/community/about-longmont/accessibilityand-quality-assurance">https://www.longmontcolorado.gov/community/about-longmont/accessibilityand-quality-assurance</a> or contact the City ADA coordinator, Doug Spight, 303-651-8435 or Doug.Spight@longmontcolorado.gov

# SANDSTONE RANCH VISITORS CENTER Longmont





### SANDSTONE RANCH VISITORS & LEARNING CENTER

3001 Sandstone Drive | Longmont, CO 80504 | 303-651-8404

# **Visitors Center Hours:**

Wednesdays, 9am to noon, May 1 through Aug 28, Saturdays 10am-2pm, 2nd & 4th Saturdays, Mar 9 through Oct 26

No pets allowed at the center or on trails due to wildlife.

# Discover a treasure of nature & history, just outside your door.

The Visitors Center includes hands-on displays on environmental features of the area, as well as history of the Coffin family who homesteaded the site, and other early Longmont history. There is no admission fee to the Visitors Center. A nature trail from the Visitors Center takes you past several historical buildings, near the sandstone bluffs, and includes a scenic overlook.

# **Directions to Sandstone Ranch Visitors Center:**

The Visitors Center is located on Sandstone Drive, east of County Line Road and just off Highway 119. Turn south on Sandstone Drive, past the ball fields and follow the signs for the Visitors Center/Trailhead Parking Lot. If you park at the upper parking lot, the trail on the west side takes you down the hill to the Visitors Center. Handicapped parking is available next to the Visitors Center.

# Volunteering at Sandstone Ranch:

Sandstone Ranch depends volunteers to run our programs! We need volunteers for open house hours, gardening, school field trips, and nature and history programming. If you love nature, gardening and/or history and enjoy working with the public, this is a great volunteer opportunity. For more information, contact Kirsten at sandstone.ranch@longmontcolorado.gov

# **Group Tours:**

Schedule a group tour or program for your organization, class, or camp. Topics include Longmont History, natural history, Front Range ecology and more. For more information, contact Kirsten at sandstone.ranch@longmontcolorado.gov

# PROGRAMS AT SANDSTONE RANCH

Limited house-adjacent parking is available. Thank you for parking in the upper parking lot. Handicap parking available in front of the Visitors Center. Pre-register each person attending online or by calling 303-774-4700. A suggested donation of \$4/person exists for all programs unless otherwise noted. Registration is required.

# **Educational Programs with Longmont Rangers**

Come explore the ecosystem of Sandstone Ranch with the Longmont Ranger Team! These educational programs will bring out the outdoor naturalist in you!

"SSRVLC" 306104 8 & up:

> **Wildlife Detectives** Aug 10, Sat, 10-11:30am

In Full Plume! Sept 21, Sat, 11am-12pm

Location: SSR Visitor Center Fee: \$4 suggested donation

# **Guided Bird Walks**

Local birder, Carl Starace, guides you around the loop trail as you explore the variety of birds that pass through or call Sandstone Ranch home. Bring binoculars if you have them. Meet up at the upper parking lot.

"SSRVLC" 10 & up:

Aug 20, Tue, 7:30-10:30am 306206 **Sept 24 or Oct 8, Tue, 8am-12pm** 406206 406206 Oct 26, Sat, 8am-12pm

Location: SSRVC upper parking lot \$4 suggested donation

# Astronomy **Night & Star Party**

A night with the stars! Includes a presentation from members of the Longmont Astronomical Society on the scale of the solar system. Take a journey through our solar neighborhood and learn about the planets and beyond. Once it gets dark, we head outdoors to take a look at the sky. Members of LAS will be there with telescopes for viewing. "SSRVLC"

All ages: Aug 17, Sat, 7-9:30pm 306401

Location: SSR Visitor Center Fee: \$4 suggested donation. Registration is required.

# **Guided History Tour**

Enjoy a 90-minute guided history tour inside and outside the Sandstone Ranch Visitors Center. Learn about the Coffin family and their role in the history of early Longmont. "SSRVLC"

> Aug 24, Sat, 10:30am-12pm or 12:30-2pm 306403

Location: SSR Visitor Center Fee: \$4 suggested donation

# **Geology Walk**

Join volunteer naturalist Roger Myers as he guides you from the scenic overlook and along the loop trail to explore the geology of Sandstone Ranch. Outdoor event; wear walking shoes and dress for the weather. "SSRVLC" Meet in the upper parking lot.

14 & up: 406507

Sept 28, Sat, 10-11:30am Location: SSRVC upper parking lot Free: \$4 suggested donation. Registration is required.

# The Library @ Sandstone

Join Ms. Lili from the Longmont Public Library for a family fun day full of singing, dancing, crafts and more. Bilingual Family "SSRVLC" Program, please register.

Grandparents' Day: 306686 Aug 21, Wed, 10am-2pm

Dia de Muertos: 406686

Nov 2, Sat, 10am-2pm Location: SSR Visitor Center Fee: \$4 suggested donation. Registration is required.

# **Community Night** with Legendary Ladies

Bring a picnic dinner, chairs & blankets to travel back in time to hear the stories of real women who made a significant impact on the West.

Aug 20, Tue, 5:30-7:30pm, show starts at 6:30pm Free, no registration needed



# **UNION RESERVOIR**



# **UNION RESERVOIR**

461 Weld County Rd 26 | Longmont, CO 80504 | 303-772-1265

Union Reservoir is a 736-acre body of water offering the best in wakeless boating and a variety of other outdoor activities.

For more information:

LongmontColorado.gov/UnionRes

# **Union Reservoir Hours**

Mar 1-May 31 6am-8pm | Jun 1-Aug 31 6am-9pm **Sept 1-Oct 31** 6am-8pm | **Nov 1-Feb 28** 7am-6pm Closed to all water access Dec 1-Feb 28. Gates closed to all entry Nov 28, Nov 29, Dec 24, Dec 25, and Jan 1.

Boating Season: Mar 1-Nov 30, dependent on ice conditions. Note: Hours & fees subject to change

# Admission Fees (required year-round)

Bicycle/Walk-In	\$2/person
Daily Vehicle	\$10
Van/BusDaily Vehicle over 10 people with a \$1	
Weekend/Holiday Vehicle	\$15
effe	ective May 25-Sept 2
Daily Watercraft	\$5
canoe, kayak, paddleboard, raft, and	Windsurfing board
Trailered Boat	\$10
Longmont R	Resident/Non-Res
Vehicle Season Pass	\$85/\$200
2nd Vehicle Pass	\$65/\$140
Vehicle Senior Season Pass	\$55/\$128
2nd Vehicle Senior Pass	\$45/\$90
Watercraft Pass**	\$35/\$70
Trailered Boat Pass**	\$70/\$132
Year-round Boat Storage	\$480/\$924

Storage requires vehicle & trailered boat passes

\*Weekend rates effective Memorial Day Weekend to Labor Day \*\*Requires purchase of Vehicle season pass.

Union Reservoir is operated by the city of Longmont. A resident is defined as living within Longmont city limits.

# **Union Scheduled Events**

Limited access or park closure may occur during these events. Please call the reservoir office for additional information:

8/18 & 9/22 Triathlon



NO CAMPING: Day-use only.

# **FISHING:**

Walleye, trout, wiper, crappie, catfish, bass, and sunfish. Bag limits in effect.

### **BOATING ACTIVITIES:**

Union Reservoir is wakeless. Lifejackets required for all watercraft. ANS inspections for required vessels.

# **PICNICKING:**

See online for information on weekday shelter reservations. No alcohol. No glass.

### **SWIMMING:**

A sandy beach with a roped-in waterfront area. Wading is not allowed outside of the swim beach area. Large groups are asked to contact 303-774-4771 or Union@LongmontColorado.gov 1 week in advance of swimming.

### **BEACH HOURS:**

View LongmontColorado.gov/unionres for hours. The swimming beach closes for the season on Sept 2, Labor Day.

# **DOG OFF LEASH AREA:**

Specific area set aside for off-leash land and water activities. The Dog Off Leash Area is open during Union Reservoir Operating Hours.

### OTHER ACTIVITIES:

A modern Playground and Sand Volleyball pit.

### YEAR-ROUND ACCESS:

Vehicle access to Union Reservoir exists year round with select fall and winter holiday closures. Union is closed to all water access December 1 through February 28.

### **PADDLEBOARDS**

Requiring a daily watercraft fee, paddleboards are popular at Union Reservoir. Paddleboard rentals are available online through rockymtnpaddleboard.com or 720-943-1132. A life jacket is required to be on board when a paddleboard is in use on the water. Lifejackets must be worn by youth 13 & under. Whistle or other sound producing device required.

# SELF-SERVE PARKING KIOSKS AT UNION RESERVOIR

Union Reservoir requires fees for use, year-round. The Gate House is open daily, April through September, during good weather. Kiosks are available for year-round credit card payment of daily pass fees: place your receipt on the dash of your vehicle, date up.

# **MEMORIAL BUILDING**



# ST. VRAIN MEMORIAL BUILDING

700 Longs Peak Ave | 303-651-8404

Building/Weight Room Hours
Monday-Thurs: 6:00 am-7:00 pm
Friday: 7:00 am-7:00 pm
Saturday: 7:00 am- 12:00 pm

Holiday Hours: Closed Sept 2, Nov 28, Dec 25

& Jan 1. Regular hours Nov 11.

Facility Maintenance Closure: Aug 5-10 Facility Rentals Available: see page 48



# **Itty Bitty City Gym Rental**

Reserve exclusive time with our Itty Bitty City toys! Spend the whole time with the toys, or plan in some table time in the gym. This rental is great for DIY celebrations.

Times: Sundays, 10am-12pm or 1-3pm

Fee: \$220

Location: St Vrain Memorial Building,

700 Longs Peak Ave

Reserve: 303-651-8404

# **Memorial Building Rental Fees**

For Rental Availability Call 303-651-8404

Gymnasium Rental: \$65/hr After Hours Supervisor: \$40/hr

Table and Chairs are additional. Rental deposit and insurance may be required.

# **Drop-In Table Tennis**

Join us for an evening of play. Bring your own paddle. Regular admission fees apply. Use your pass or pay the drop-in fee. Children must be supervised by parent/guardian.

All Ages: Mar 25-Dec 30, 6:30-9pm

# **Recreation in the Heart of Longmont:**

A quieter, more intimate setting for your workout, to take a class, or to learn a new skill. Much of the same equipment as a large workout gym with none of the pretention or crowd. Offering a wide variety of fitness and general variety classes for little tykes to active older adults. Friendly and professional staff and great patrons make it a comfortable community atmosphere. Clean, quality amenities make it worth returning again and again.



- » Weight room with free weights, selectorized machines, and cardio equipment
- » Aerobics/Wellness room
- » TRX classes



- » Feature court gymnasium
- » Classroom/Party and Conference room
- » Seasonal access to Longmont Ice Pavilion
- » Adjacent to Roosevelt Park walking loop

# **Itty Bitty City**

Rain or Shine, our toys are divine! We've updated our toy selection to include a contained area for crawling infants. Come check out our new drawing table, baby music makers, and walkers for our soon-to-be cruisers! Kids ages 6 months to 5 years have lots of room to run and play in the gym! Parents must supervise their children.

Please, no older children. No fee for babies less than 6 months old.

Ages:6 months to 5 years with a parentDates:Sept 13-Nov 22, Fridays, 9-11amLocation:St Vrain Memorial BuildingFee:\$4 per child; 10 visit pass \$34

» purchase and renew Itty Bitty Passes online!

# LONGMONT RECREATION CENTER



# LONGMONT RECREATION CENTER

310 Quail Road | 303-774-4800

Hours of Operation: \*note: pools close 30 minutes before building

Mon-Fri 5am-9pm | Sat & Sun 7am-5pm\*

Holiday Hours: Sept 2: 10am-4pm | Nov 11: Regular Hours

Nov 28, Dec 25, & Jan 1: Closed | Dec 24 & 31: 7am-3pm

Maintenance Closure: Aug 25-Sept 1 Facility Rentals Available: see page 48

# **LRC Pool Hours**

# Lap Pool/Hot Tub:

5:00am-8:30pm
7:00am-4:30pm

### Leisure Pool:

Mon-Fri*	9:00am-7:00pm
Sat	9:00am-4:30pm
Sun	11:00am-4:30pm
Slides Open	Beginning at 11am daily
	Slides close at 4pm Tu/Th

<sup>\*</sup>No slides/water features on during swim lessons and some fitness classes. Current pool schedules are posted online.

# **Babysitting Information**

Parent/guardian must be in the facility

6 months-7 years Ages: Mon-Sun: 8:00am-1:00pm Mon-Fri: 4:00pm-7:00pm

\$4/hour, two hour max Rates:

Included with family annual, 3-mo, and 30-day passes.

# **Climbing Wall**

Mon-Fri: 4:00pm-7:00pm 10:00am-2:00pm Sat-Sun:

### **Skate Park**

(East of the Recreation Center) Daily Hours: Sunrise to Sunset

Rules: Please be respectful of the park, other users, and the neighbors. Skate at

your own risk.

# **SPORTS DROP-IN HOURS**

**Volleyball** Wed 5:30-9pm

Fri Teen 4-6:30pm; 18+ 6:30-9pm

Basketball Mon-Fri 11:30am-1:30pm

& Sun 7am-10am

Pickleball M-Th, 1:30pm-4pm (55+ only)

& M/W/F, 7am-9am

(all ages: maximum 2 courts)

Sport Drop-In Hours are for adults 16 & older unless otherwise indicated.

# A one-stop recreation facility offering:

» Running track  $(11 \ 1/2 \ laps = 1 \ mile)$ 



- » Meeting room/Party room
- » Gendered locker rooms and six family cabanas
- » Lap Pool (6 lanes, 25 yards)
- » Leisure Pool with waterslides, lazy river, and interactive play features

- » Weight room with free weights and selectorized machines
- » Cardio equipment and fitness room
- » Multi-court gymnasium
- » Climbing wall



- » Babysitting services
- » Steam and dry sauna, spa
- » Lobby seating with arcade games and concessions vending



Only authorized City of Longmont Recreation staff are permitted to train, coach or consult others in City facilities. If interested in using City facilities for this purpose, please ask at the front desk.

# **CENTENNIAL POOL**





### **CENTENNIAL POOL**

1201 Alpine Street | 303-651-8406

Special Hours/Pool Closures: Nov 29: 9am-3pm

Dec 24 & 31: facility closes at 3pm

CLOSED: Aug 5-25: Pool Refinishing Maintenance Closure

Aug 31-Sept 2, Labor Day Weekend; Nov 28, Thanksgiving;

December 25 & Jan 1, Christmas & New Years

### **Fall & Winter Hours**

August 26-December 31

# Lap Swim & Fitness Room\*

Mon-Fri | Aug 26-Nov 17 6am-4pm Mon-Fri | Nov 18-Dec 29 6am-3pm Sat 8am-12pm Sun 9am-12pm

# **An Aquatic-Centric Fitness Facility Offering:**

- » A pool with six 25-yard lap lanes, wading area and deep end with two 1-meter diving boards.
- » Large windows and skylights provide natural lighting for a calm yet energizing lap swim experience.
- » A fitness room overlooking the pool with treadmills, Lifecycles, and elliptical equipment, and a cable resistance weight machine.

# **Lap Swimmers**

Note: \*Sharing lap lanes is required be kind & split the lane or circle swim.

Longmont

# **SUNSET POOL**



# **SUNSET POOL** 1900 Longs Peak Ave | 303-651-8300

- » Heated outdoor pool
- » Six 25 meter lap lanes
- » Plank, 1 meter & 3 meter diving boards
- » 2 super long and fast waterslides
- » Party room

- » Reserve-able outdoor shade shelters
- » Sandy beach play area
- » Family locker rooms
- » Best view in Longmont!
- » Closes for the season at 4pm on Mon, Sept 2.

# **Summer Hours** June 1–August 11

# Lap Swim

Mon/Wed 10am-8pm
Tues/Thurs 10am-6pm
Fri/Sat 7am-6pm
Sun 10am-6pm

# **Open Swim**

 Mon/Wed
 12:30pm-5pm

 Tues / Thurs
 12:30pm-6pm

 Fri & Sat
 8am-6pm

 Sun
 12pm-6pm

# Slide Schedule during Open Swims

Mon-Thurs On at 12:30pm
Fri & Sat On at 10am
Sun On at 12pm

# Diving Board Schedule during Open Swim

Mon/Wed Open at 12:30pm
Tue/Thurs Open at 1pm
Fri/Sat Open at 10am
Sun Open at 12pm

# End of Summer Hours Aug 12-Sept 1

# Lap Swim

Mon/Wed 7am-7:30pm
Tu/Th/F/Sat 7am-6pm
Sun 10am-6pm

# **Open Swim**

Mon/Wed 10am-5pm
Tu/Th/F/Sat 10am-6pm
Sun 12pm-6pm

# **Diving Board Schedule**

Mon-Sat Open at 10am Sun Open at 12pm

# **Labor Day Hours**

Mon, Sept 2 Open/Lap 10am-4pm

**» Bringing a group or wanting to rent** a shade structure? See page 48.

See Sunset Pool's last Monday/Wednesday session of swimming lessons on page 11.

Classes start Aug 12 - be sure to enroll today!

### Slide Schedule Aug 12-18 Mon/Tu/Wed On at 12:30pm Thurs/Fri On at 4pm Sat On at 10am On at 12pm Sun Aug 19-Sept 1 Mon/Wed Slides Closed Tu/Th/Fri 4pm-6pm Sat On at 10am Sun On at 12pm



<sup>\*</sup>Fitness Room Schedule varies - see online



# **LONGMONT ICE PAVILION**



# LONGMONT ICE PAVILION 725 8th Ave | 303-774-4700

Open seasonally mid-November through mid-March



Located in the heart of Longmont, the Longmont Ice Pavilion offers daily Public Skating Hours and multiple Drop-In Hockey opportunities throughout the week, November 22-March 6.

Note: While admittance is included in annual, 3-month, and 30-day passes, ice skate rental is an additional fee. Both individual day use and bulk skate rental passes are available for purchase online at **LongmontColorado.gov/Ice-Pavilion**.

# Private Rentals - call 303-651-8443

Reserve private ice time for your party or group. Base pricing is for up to 25 people, top pricing is for largest groups of 100 or 200+. Skater count affects pricing. Call to inquire on specific pricing for your event. Due to limited availability, dates are expected to fill - reserve early.

Weekdays: \$150/hr up to 50 people

M/W 1:15-3pm; T/Th 1:45-3pm

Sat, 10:30am-1pm\*: Sat, 6:30-9pm: \$165-\$300/hr group size dependent \$220-\$550/hr group size dependent

\*Nov 30-Dec 28

# YOUTH HOCKEY PROGRAM

Longmont's USA Hockey Youth Ice Hockey Program is an affordable in-house program focusing on developing both individual and team play skills for both new and returning players. Registration includes two practices and one game per week, jersey, and rental hockey skates if needed. Game times subject to change.

All participants must first register with USA Hockey online at <a href="https://membership.usahockey.com/">https://membership.usahockey.com/</a> before registering for program.

Dates: Nov 25, 2024 - Mar 2, 2025

Thanksgiving week and Winter Break practices differ.

# Age determined by birth year.

rige acter ii	unca by bu in year.		
2016-2019	Mites and Mini-Mites	s Ages 5-8	155542
Practice:	Mon & Thurs 5:15-6p	m	
Game:	Sun	388.50 res/\$485.7	5 non-res
2014-2015	Squirts	Ages 9-10	155543
Practice:	Wed 5:15-6:15pm & T	hurs 6:15-7:15pn	n
Game:	Sun	\$425.50 res/\$532	non-res
2012-2013	Peewees	Ages 11-12	155544
Practice:	Mon 6:15-7:15 & Wed	6:30-7:30pm	
Game:	Sun	\$425.50 res/\$532	non-res
2010-2011	Bantam	Ages 13-14	155545
Practice:	Tue 8-9pm & Fri 6:15	-7:15pm	
Game	Sun	\$425.50 res/\$532	non-res
2006-2009	Midget	Ages 15-18	155545
Practice:	Wed 7:45-8:45pm & F	ri 7:30-8:30pm	
Game	Sun	\$437 res/\$546.25	non-res

# **ADULT HOCKEY SKILLS CLASS**

Players age 18 & over are given instruction on all skill aspects of the game. Class consists of instruction and drills, followed by a controlled scrimmage to practice your skills in a game environment. Full hockey gear required. "hockey"

18 & up	Dec 2-Mar 6	155612
Beginner	Mondays, 7:30-9pm	
Intermediate	Thursdays, 7:30-9pm	
Fee:	\$189 resident/\$236.25 non-residen	t

# **LEARN-TO-SKATE CLASSES**

These 30-45 minute group lessons include skate rental.

4 & up Nov-Dec/Jan/Feb sessions, Tues pm & Sat am

https://rec.ci.longmont.co.us activity keyword "ice"

» Registration for Learn-To-Skate opens Mon, Sept 30.

Full description of learn-to-skate classes, see www.LongmontColorado.gov/ice-pavilion



# **SWIM LESSONS**



# **Swim Lesson Selection Guide**

For swim lesson related questions, contact swim@longmontcolorado.gov

# WHICH LESSON IS RIGHT FOR MY CHILD?

# 6 months to 3.5 years AquaBaby | Aqua Tot 1-2



3-5 years

Preschool Program | Beginning Blast

**6-12 years** 

Levels 1-4 | Blast Beginning -3 | CARA

101	-	чіг		YEA	

Does the child	walk ind	lepender	ıtly?
----------------	----------	----------	-------

Can the child comfortably walk and play in water up to their chest?

NOT YET »

Sign up for AquaBaby

NOT YET »

Sign up for Aqua Tot 1

YES »

Sign up for Aqua Tot 2

# **3-5 YEARS:**

Does the child enjoy putting their face in the water?

NOT YET »

Sign up for Turtles

Can the child do their front floats, then roll to their backs to breathe without assistance?

NOT YET »

Sign up for Alligators

Can the child make forward progress with their face in for 5 yards, while rolling to their back to breathe?

NOT YET » YES »

Sign up for Seal Sign up for **Beginning Blast** 

# 6-12 YEARS:

Does the child enjoy putting their face in the water?

NOT YET »

Sign up for Level 1

Can the child make forward progress with their face in the water for 5 yards, and roll to their back to breathe?

NOT YET »

Sign up for Level 2

Can the child swim 25 yards (1 length of the pool) while rolling over to breathe?

NOT YET »

Sign up for Level 3

or **Beginning Blast** 

Can the child swim 25 yds front crawl/free-style consistentlybreathing to the side?

NOT YET »

Sign up for Blast 1

Can the child swim 50 yards front crawl/free-style?

NOT YET »

Sign up for Level 4 or Blast 1 or CARA Swim Team-Starters

Can the child swim 50 yds front crawl/free-style, 50 yards backstroke, and 25 yards Breaststroke kick? NOT YET »

Sign up for **Blast 2** or CARA Swim Team- Starters

Can the child swim 100 yds front crawl/free-style, 100 yards back stroke, 50 yards breaststroke & 25 yards butterfly

NOT YET »

Sign up for **Blast 3** or CARA Swim Team

YES »

Sign up for the CARA Swim Team!

# 11-17 YEARS:

Can the teen swim 25 yards while rolling over to breathe?

NOT YET » YES »

Sign up for Teen 1

Teen 2

# 18+ YEARS

Can the adult swim 15 yards front and back stroke?

Looking to fine tune strokes for endurance?

NOT YET »

Adult 1

Can the adult swim 25 yards front and back stroke comfortably?

NOT YET »

YES »

Adult 2 Adult 3 or Beginning Masters

Ssn 3\*



# **» SWIM LESSONS AT CENTENNIAL POOL**

1201 Alpine St | 303-774-4700

		MONDAY 8	& WEDNESI	DAY EVENING	
30 Minute Classes	Time Date Fee	Ssn 1 9/9-10/2 \$50/\$62.50	Ssn 2 10/7-10/30 \$50/\$62.50	30 Minute Classes	Time Date
Turtle	4:45pm	420121.1A	420121.2A	Turtle	4
	5:20pm	420121.1B	420121.2B	Alligator	4
Alligator	4:10pm	420122.1A	420122.2A		Ę
J	5:20pm	420122.1B	420122.2B	Seal	Ę
Seal	5:55pm	420123.1A	420123.2A	Level 1	
Level 1	4:45pm	420131.1A	420131.2A	Level 2	
	5:55pm	420131.1B	420131.2B	Level 3	4
Level 2	4:10pm	420132.1A	420132.2A	Beginning Blast	4
	5:20pm	420132.1B	420132.2B	45 minute classes	
	5:55pm	420132.1C	420132.2C	Blast 1	4
Level 3	4:45pm	420133.1A	420133.2A	Blast 2	4
Beginning Blast	4:10pm	420140.1A	420140.2A	Blast 3	Ę
45 minute classes	Fee	\$62/\$77.50	\$62/\$77.50	*No Class 11/25 & 1	11/27
Blast 1	4:00pm	420141.1A	420141.2A		
Blast 2	4:50pm	420142.1A	420142.2A		S
Blast 3	5:40pm	420143.1A	420143.2A	MONDA	

SATURDAY MORNING					
30 Minute Classes	Time Date Fee	Ssn 1 9/7-10/19 \$43.75/\$54.75	Ssn 2* 10/26-12/14 \$43.75/\$54.75		
Turtle	9:30am	420621.1A	420621.2A		
Alligator	9:30am	420622.1A	420622.2A		
	10:55am	420622.1B	420622.2B		
Seal	10:40am	420623.1A	420623.2A		
Level 1	10:05am	420631.1A	420631.2A		
	11:15am	420631.1B	420631.2B		
Level 2	10:40am	420632.1A	420632.2A		
Level 3	9:30am	420633.1A	420633.2A		
<b>Beginning Blast</b>	10:05am	420640.1A	420640.2A		
	11:30am	420640.1B	420640.2B		
45 minute classes	Fee	\$54.25/\$68	\$54.25/\$68		
Blast 1	10:05am	420641.1A	420641.2A		
Blast 2	11:15am	420642.1A	420642.2A		
*No Class 11/30					

No Class 11/30



### 11/4-12/4 \$50/\$62.50 Fee 4:45pm 420121.3A 4:10pm 420122.3A 5:20pm 420122.3B 5:55pm 420123.3A 5:55pm 420131.3A 5:20pm 420132.3A 4:45pm 420133.3A 4:10pm 420140.3A Fee \$62/\$77.50 4:00pm 420141.3A 4:50pm 420142.3A 5:40pm 420143.3A

# SUNSET POOL **MONDAY & WEDNESDAY EVENINGS**

20 Minute	Time	Ssn 4	
30 Minute Classes	Date	8/12-8/28	
Ciusses	Fee	<b>\$37.50</b> / <b>\$4</b> 7	
Aqua Baby	5:50pm	330211.4A	
Aqua Tot 1	5:15pm	330212.4A	
	5:10pm	330221.4A	
Turtle	5:15pm	330221.4B	
Turtie	6:20pm	330221.4C	
	6:25pm	330221.4D	
	5:15pm	330222.4A	
Alligator	5:45pm	330222.4B	
	5:50pm	330222.4C	
	7:00pm	330222.4D	
Seal	5:50pm	330223.4A	
Seal	7:00pm	330223.4B	
Level 1	6:25pm	330231.4A	
Level 2	7:00pm	330232.4A	
Beginning Blast	6:25pm	330240.4A	
beginning blast	6:55pm	330240.4B	
45 minute classes	Fee	\$46.50/58.25	
Blast 1	5:05pm	330241.4A	
Blast 2	5:55pm	330242.4A	
Blast 3	6:45pm	330243.4A	



# **» SWIM LESSONS AT LONGMONT RECREATION CENTER**

310 Quail Rd | 303-774-4700

TUESDAY & THURSDAY MORNING							
30 Minute Classes	Time Date Fee	Ssn 1 9/10-9/26 \$37.50/\$47	Ssn 2 10/1-10/17 \$37.50/\$47	Ssn 3 10/22-11/7 \$37.50/\$47	Ssn 4* 11/12-12/12 \$50/\$62.50		
Aquababy	9:00am	410211.1A	410211.2A	410211.3A	410211.4A		
Aqua Tot 1	9:35am	410212.1A	410212.2A	410212.3A	410212.4A		
Aqua Tot 2	10:10am	410213.1A	410213.2A	410213.3A	410213.4A		
Turtle	10:10am	410221.1A	410221.2A	410221.3A	410221.4A		
Alligator	9:00am	410222.1A	410222.2A	410222.3A	410222.4A		
Seal	9:35am	410223.1A	410223.2A	410223.3A	410223.4A		

<sup>\*</sup>No class on 11/26 & 11/28

WEDNESDAY AFTERNOON						
30 Minute Classes	Time Date Fee	Ssn 1 9/11-10/23 \$43.75/\$54.75	Ssn 2 10/30-12/11* \$43.75/\$54.75			
Turtle	12:00pm	410421.1A	410421.2A			
Alligator	12:35pm	410422.1A	410422.2A			
Seal	1:10pm	410423.1A	410423.2A			
*No class 11/27						



S	SUNDAY MORNING					
30 Minute Classes	Time Date Fee	Ssn 1 9/8-10/20 \$43.75/\$54.75	Ssn 2 10/27-12/15* \$43.75/\$54.75			
Aqua Baby	8:30 AM	410711.1A	410711.2A			
Aqua Tot 1	10:00 AM	410712.1A	410712.2A			
Aqua Tot 2	9:05 AM	410713.1A	410713.2A			
Turtle	8:10 AM	410721.1A	410721.2A			
1 411 410	8:45 AM	410721.1B	410721.2B			
	9:20 AM	410721.1C	410721.2C			
	9:35 AM	410721.1D	410721.2D			
	9:55 AM	410721.1E	410721.2E			
	8:45 AM	410722.1A	410722.2A			
Alligator	9:00 AM	410722.1B	410722.2B			
Alligator	9:20 AM	410722.1C	410722.2C			
	10:30 AM	410722.1D	410722.2D			
Seal	9:55 AM	410723.1A	310723.2A			
0001	10:10 AM	410723.1B	310723.2B			
Level 1	8:15 AM	410731.1A	410731.2A			
Level 2	8:50 AM	410732.1A	410732.2A			
Level 2	10:15 AM	410732.1B	410732.2B			
Level 3	9:40 AM	410733.1A	410733.2A			
Level 4	10:30 AM	410734.1A	410734.2A			
Beginning Blast	8:25 AM	410740.1A	410740.2A			
0	10:45 AM	410740.1B	410740.2B			
Teen 1	9:05 AM	410751.1A	410751.2A			
Adult 1	9:25 AM	410761.1A	410761.2A			
45 minute classes		\$54.25/\$68	\$54.25/\$68			
Blast 1	9:05 AM	410741.1A	410741.2A			
	9:40 AM	410741.1B	410741.2B			
Blast 2	8:15 AM	410742.1A	410742.2A			
Blast 3	9:55 AM	410743.1A	410743.2A			
Adult 2	8:15 AM	410762.1A	410762.2A			
Adult 3	7:25 AM	410763.1A	410763.2A			
*No alass on 12/0:	1					

<sup>\*</sup>No class on 12/01





TUESDAY EVENING					
30 Minute Classes	Time Date Fee	Ssn 1 9/10-10/22 \$43.75/\$54.75	30 Minute Classes	Time Date Fee	Ssn 2* 10/29-12/10 \$43.75/\$54.75
Aqua Tot 1	4:00pm	410312.1A	Aqua Tot 1	4:00pm	410312.2A
	4:00pm	410321.1A	Turtle	4:00pm	410321.2A
Turtle	4:35pm	410321.1B	Turtie	5:25pm	410321.2B
	5:25pm	410321.1C		4:35pm	410322.2A
	4:00pm	410322.1A	Alligator	5:10pm	410322.2B
Allimotom	4:35pm	410322.1B		6:00pm	410322.2C
Alligator	5:10pm	410322.1C	Seal	4:50pm	410323.2A
	6:00pm 410322.1D Level 1	4:35pm	410331.2A		
Seal	4:50pm	410323.1A	Level 1	5:45pm	410331.2B
Level 1	4:35pm	410331.1A	Level 2	4:00pm	410332.2A
Level 1	5:45pm	410331.1B	Level 2	5:10pm	410332.2B
Level 2	4:00pm	410332.1A	Level 3	4:35pm	410333.2A
Level 2	5:10pm	410332.1B	Level 4	5:10pm	410334.2A
Level 3	4:35pm	410333.1A	<b>Beginning Blast</b>	4:35pm	410340.2A
Level 4	5:10pm	410334.1A	45 minute classes	Fee	\$54.25/\$68
<b>Beginning Blast</b>	4:35pm	410340.1A	Blast 1	4.000000	410341.2A
45 minute classes	Fee	\$54.25/\$68	Teen 2	4:00pm 5:45pm	
Blast 1	4:00pm	410341.1A	*No class on 11/20	-	710332.2A
Blast 2	5:10pm	410342.1A	110 Cluss Oft 11/20	,	
Teen 2	5:45pm	410352.1A			

THURSDAY EVENING						
30 Minute Classes	Time Date Fee	Ssn 1 9/12-10/24 \$43.75/\$54.75	30 Minute Classes	Time Date Fee	Ssn 2* 10/31-12/12 \$43.75/\$54.75	
AquaTot 2	5:10pm	410513.1A	AquaTot 2	5:10pm	410513.2A	
	4:00pm	410521.1A	Turtle	4:00pm	410521.2A	
Turtle	4:35pm	410521.1B	Turtie	5:45pm	410521.2B	
	5:45pm	410521.1C	A 111' 4	4:35pm	410522.2A	
	4:35pm	410522.1A	Alligator	5:10pm	410522.2B	
Alligator	5:10pm	410522.1B	Seal	4:35pm	410523.2A	
· ·	5:45pm	410522.1C		5:10pm	410523.2B	
Seal	4:35pm	410523.1A	Level 1	4:00pm	410531.2A	
Seal	5:10pm	410523.1B	Level 2	4:35pm	410532.2A	
Level 1	4:00pm	410531.1A	Beginning Blast	4:00pm	410540.2A	
Level 1	5:10pm	410531.1B	Degining Diast	5:45pm	410540.2B	
Level 2	4:00pm	410532.1A	Teen 1	5:45pm	410551.2A	
Level 2	4:35pm	410532.1B	45 minute classes	Fee	\$54.25/\$68	
Beginning Blast	4:00pm	410540.1A	Blast 1	E:2Enm		
Degining Diast	5:45pm	410540.1B	Blast 2	5:25pm		
Teen 1	5:45pm	410551.1A	Blast 3	4:35pm 4:00pm		
45 minute classes	Fee	\$54.25/\$68	*No class on 11/28	-	410343.2A	
Blast 1	5:25pm	410541.1A	1.0 01000 011 11/20	,		

410542.1A

4:00pm 410543.1A

4:35pm



# FREE SWIM LESSON SESSIONS

Sponsored by Recreation
Services, the goal of the Free
Swim Lesson program is to
teach non-swimmers how to
be safe and have fun in and
around the water. Be one of
200 community members,
ages 3 and up, to receive one
session of swim lessons at no
cost! Apply today! Applications
are currently being accepted;
program is set to expire at the
end of December, 2024. Visit
LongmontColorado.Gov/Swim
for more information.

Blast 2

Blast 3

# **SWIM LESSONS**



# INDIVIDUAL SWIM INSTRUCTION

### Individual Private Lessons

Individually scheduled lesson requests are limited by instructor availability and pool space. To request this option, please visit LongmontColorado.gov/swim to see if we are able to take these requests, and when available fill out the online request form. Discount offered when multiple lessons are purchased at one time.

# **Individually Scheduled Private Session Fees**

Each 30 Minutes Lesson: \$40-\$43 res/\$50-\$53.75 non-res Each 45 Minute Lesson: \$52-\$54 res/\$65-\$67.50 non-res

### **Semi-Private Session Fees:**

# A shared lesson for up to 3 students

Each 30 Minutes Lesson: \$52-\$54 res/\$65-\$67.50 non-res Each 45 Minute Lesson: \$63-\$65 res/\$78.75-\$81.25 non-res

# CARA Centennial Swim Team CARA Swimming is a recreation swim team for youth ages 6-18 who are not

USA swimmers, with an emphasis placed on technique building, endurance, and FUN! Options exist to participate in monthly swim meets along the Front Range. All information is emailed to participants: please update your email when registering. \*No practice Nov 26 or 28.

Location: C	entennial Pool, 1201 Alpine St	"CARA"
6-10 yrs:	Tue & Thurs, 5-5:40pm	
Sept 10-Oct 24	\$73.50 res/\$98.50 non-res	421112
Oct 29-Dec 12	* \$63 res/\$88 non-res	421112
9-14 yrs:	Tue & Thurs, 5:45-6:25pm	
Sept 10-Oct 24	\$73.50 res/\$98.50 non-res	421113
Oct 29-Dec 12	* \$63 res/\$88 non-res	421113
11-18 yrs:	Tue & Thurs, 6:30-7:30pm	
Sept 10-Oct 24	\$87.50 res/\$112.50 non-res	421114
Oct 29-Dec 12	* \$75 res/\$100 non-res	421114

### **Private Lesson Sessions**

Pre-Scheduled Private Swim Lessons sessions are now available! Enjoy four 30-minute private swim lessons at the same time, day(s) of week, and location. "private"

Fee: \$160 resident/\$200 non-resident

# Centennial Pool: 1201 Alpine St

Sept 7-28 | Oct 5-26 | Nov 2-23

Sat am: 9:30am, 10:05am, 10:40am, or 11:15am 420699

### Shallow Pool Only - no lap lanes available

Nov 4-Dec 4\* \*No class 11/25 or 11/27

Mon pm: 4pm, 4:35pm, 5:10pm, or 5:45pm 420099 Wed pm: 4pm, 4:35pm, 5:10pm, or 5:45pm 420499

# Longmont Recreation Center: 310 Quail Rd

Sept 17-Oct 10 | Oct 15-Nov 7 | Nov 12-Dec 12\*

\*No class 11/26 or 11/28

Tue pm: 4:00pm, 4:35pm, 5:10pm, or 5:45pm 410399 Thurs pm: 4:00pm, 4:35pm, 5:10pm, or 5:45pm 413599

# Beginning Masters Swim Team

Learn and refine effective swimming techniques in this adults-only team.

The team has a focus on improving fitness through engaging and fun workouts. Adults of all skill level

are welcome, with the recommendation that participants should be capable of swimming 25 yards without assistance. \*No Nov 25.

18 & up: 421813

**Sept 10-Oct 22, Tue, 5-6pm** \$70 res/\$87.50 non-res **Oct 29-Dec 10\*, Tue, 5-6pm** \$60 res/\$77.50 non-res

Location: Centennial Pool, 1201 Alpine St

# **Longmont Master Swim Team Schedule**

Recommended for adults comfortable swimming 1,000 yds non-stop.

18 & up:	Mon/Wed/Fri, 6-7am & Sat, 7-8am
Thru Aug 31:	Sunset Pool, 1900 Longs Peak Ave
Sept 4-Dec 30:	Centennial Pool, 1201 Alpine St

18 & up: **Tue/Thurs, 12-1pm** 

Thru Aug 29: Sunset Pool, 1900 Longs Peak Ave

**Sept 4-Dec 31**: Longmont Recreation Center, 310 Quail Rd

Fee: Daily Admission

# **SWIM LESSONS**

# **CERTIFICATION CLASSES**

We are committed to recruiting and training a highly qualified work force. Reduce fees are available to current or pending city of Longmont Employees. Please see information about lifeguard pre-course sessions below or reach out to swim@longmontcolorado.gov for an interview: you will be enrolled into a class during the interview process.

# **American Red Cross Lifeguard Training**

Pre-Requisites: Must be 15 years old before the last class; have attended and passed a Lifeguard Pre-Course session. Pre-Course Requirements: 150-yard continuous swim followed by 2 minutes of treading with no arms then swim another 50 yards, retrieve 10-pound brick from bottom of pool and swim 20 yards. Interviews for those hoping to work for the City of Longmont as a lifeguard will also be held this day. \*\$50 of pre-course fee is non-refundable.

Pre-Course Sess	sions: 421213   121213	
Wed, 4-6:30pm: Sept 4 or 11, Nov 6, or Dec 4 or 11		
Sat, 9-11am:	Sept 7, Nov 16, or Dec 7	
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee*:	\$50 future City of Longmont employees/	
	\$250 resident/ \$312.50 non-resident	
Blending Learn	ing – requires online work before class	
15 & up:	Sept 20/21 & 27/28, Fri 4-8pm	
	& Sat 11:30am-8pm	
Traditional For	mat	

Nov 23-26, Sa/Su/M/Tu, 8-5:30pm Dec 20-23, F/Sa/Su/M, 8-5:30pm Centennial Pool, 1201 Alpine St

Fee:	included in pre-course	e session fee

**CPR/AED & First Aid** 

15 & up:

Location:

This American Red Cross course covers the skills for CPR/AED and First Aid for adults, children, and infants.

12 & up:	9am-5pm: Oct 5, Sat or Dec 1, Sun	421231
Location:	Centennial Pool, 1201 Alpine St	
Fee:	\$95 resident/\$118.75 non-resident	

# **Longmont Swim Instructor (LSI) Training**

Learn the skills and techniques to teach swimming lessons with the City of Longmont! Must be able to demonstrate knowledge of basic swimming skills, including floats, front crawl, back stroke and general water safety. Pre-Requisite: Ability to swim all 4 competitive strokes proficiently at least 15 yards by last class day.

15 & up:	Oct 8 & 10, Tue & Thurs, 4-7:30pm	421243
Location:	Longmont Recreation Center, 310 Qua	ail Rd
Fee:	\$25 - future City of Longmont employ	ees only

# Water Safety Instructor (WSI) **Certification Class**

Pre-Requisite: Ability to swim 6 strokes front and back crawl, breaststroke, butterfly, elementary backstroke, and sidestroke. Learn the techniques and skills necessary to become American Red Cross certified to teach swim lessons. Must complete Blended Learning online component before class start.

15 & up:	Dec 30, Mon, 10am-3pm	
	& Jan 2-4, Th-Sat, 9am-7pm	421241
Location:	Centennial Pool, 1201 Alpine St.	
Fee:	\$50-future City of Longmont emplo	yees
	\$250 resident/ \$312.50 non-residen	t

# **Babysitter Training**

This American Red Cross course provides youth with the information and skills necessary to provide safe and responsible care for children while babysitting. "babysitter"

11-16 yrs:	Sun, 9am-3pm: Nov 3 or Dec 8	421231
Location:	Centennial Pool, 1201 Alpine St	
Fee:	\$95 resident/\$118.75 non-resident	



# **YOUTH SPORTS**



# **Preschool Sports Clinics**

These clinics are indoors and/or outdoors and focus on the basics of the game. Come prepared for the weather (sunscreen). Goal Sports include soccer, lacrosse and scooter hockey. Please have your child wear tennis shoes.



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3-5 yrs:	10:30-11:15am	"Sports"
Basketball	Tuesday, Aug 6-27	312116.T
	Tuesday, Oct 29-Nov 19	412116.T
	Wednesday, Oct 2-23	412116.W
	Thursday, Aug 8-29	312116.R
	Thursday, Oct 31-Nov 21	412116.R2
T-ball	Tuesday, Sept 3-24	412120.T
	Wednesday, Aug 7-28	312120.W
	Thursday, Sept 5-26	412120.R
Soccer	Tuesday, Oct 1-22	412126.T
	Wednesday, Sept 5-25	412126.W
	Wednesday, Oct 30-Nov 20	412126.W2
	Thursday, Oct 3-24	412126.R
Location:	Longmont Recreation Center, 3	310 Quail Rd
Fee:	\$38 resident/\$47.50 non-resident	

# Girls Fastpitch Softball League

Play ball! Girls 6-14 years old can play fast-pitch softball in affiliation with the IPGSA league. Teams meet 2-3 times per week for games/practices. Games played on Saturdays, Sept 7-Oct 12 along the Front Range. Register according to age as of Jan 1, 2024. Registration deadline is Aug 12. Practice begins the week of

Aug 19. This program is dependent upon volunteer coaches: please call 303-651-8398 to volunteer.

Dates:	Aug 19-Oct 12	"Softball"
8 & Under	\$94.50 res/\$118 non-res	412210
10 & Under	\$105 res/\$131.25 non-res	412211
12 & Under	\$105 res/\$131.25 non-res	412212
14 & Under	\$115.50 res/\$144.50 non-res	412214

# DID YOU KNOW THAT RECREATION HIRES FOR A WIDE RANGE OF SEASONAL AND YEAR-ROUND POSITIONS?

Adult and Youth sports officials, Middle School Soccer Coaches, and more.

See LongmontColorado.gov/jobs for a full listing of current openings.



# Volleyball Tune-up Clinic

A clinic packed with dynamic skills and drills designed to teach and enhance volleyball fundamentals and increase game knowledge and player confidence. All abilities welcome. A great warm-up for fall volleyball league.



# Fall Youth Volleyball League

A coed organized team participation program with an emphasis on teamwork, sportsmanship, skill development, fun and participation. All teams play a six game schedule with two hours of practice a week. Registration Deadline is Sept 8. Games begin Oct 5. "Volleyball"

Sept 23-Nov 9	Grades 3 & 4	412423
	Grades 5&6	412425
	Grades 7&8	412427
Fee:	\$78.75 resident/\$98.50 non-resident	

# **CARA High School Volleyball League**

For girls in high school not playing on a high school or club volleyball team. Times, dates and location of practices depend on coach's availability. Teams travel to Denver Metro locations to play games on Saturdays, Sept 14-Oct 19. Registration deadline is Aug 11.

Grades 10-12	Aug 26- Oct 19	412429
Fee:	\$105 resident/\$131.25 nor	ı-resident



# **YOUTH SPORTS**

# **Middle School Soccer League**

Register early August. For boys and girls who attend participating schools. Practices are after school 2-3 times per week, 1-2 hours each day. Teams play one game per week, Mon-Fri at 4pm or 5pm beginning the week of Sept 9. This program is dependent upon coaches, please call 303-651-8398 if you are able to coach. Pay starts at \$16.43/hour.

Grades 6-8:	Aug 26–Mid Oct	412225
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Fee: \$60

# **CARA Cross Country**

Run long distance in a recreational atmosphere and compete in a meet appropriate to age and skill level. Practices are coed. Optional meets are on Saturdays and/or Sundays. A copy of a birth certificate at time of registration/first practice is required.

9-14 yrs:	Aug 20-Oct 5, Tu/Th, 5:30- 6:30pm	412262.MW
Fee:	\$63 resident/\$78.75 non-resident	

Optional extra Friday practice for runners to work "CARA" toward end-of-season 5K race. Fri, 5-6pm 412262.F

\$31.50 resident/\$39.50 non-resident Fee: Location:



# **Fencing Lessons**

Learn to Fence! A lively class with simple instruction introduces you to footwork and blade work, as well as the history and terminology used in this exciting sport. Each class builds on the skills learned in the previous class. The progressive class is for those who have taken the beginner class. All fencing equipment is provided. \*No class Nov 27. "Fencing"

7-16 yrs:	Wednesdays 412252
Beginner:	Sept 18-Oct 23, Wed, 5-6pm
	Oct 30-Dec 11*, Wed, 5-6pm
Progressive:	Sept 18-Oct 23, Wed, 6-7pm
	Oct 30-Dec 11*, Wed, 6-7pm
Location:	Longmont Recreation Center, 310 Quail Rd
Fee:	\$157.50 resident/\$197 non-resident

# Youth/Teen Pickleball Lessons

A combination of badminton, ping pong and tennis played with a whiffle ball on a short tennis court. It's fun, social and easy. Learn the basics of the sport while meeting new friends. Equipment provided. "Pickleball"

9-11 yrs:	Tuesday, 5:15-6:15pm	412222
12-15 yrs:	Tuesday, 6:30-7:30pm	412222
Sessions:	Aug 6-27, Sept 3-24, Oct 1-22	412222
Location:	Hover Pickleball Courts, 1361 Charles Dr	
Fee:	\$47.50 resident/\$55.50 non-resider	nt
9-15 yrs:	Mon, 4:15-5:15pm	412222
Session:	Oct 28-Nov 18	
Location:	Longmont Recreation Center, 310	Quail Rd
Fee:	\$47.50 resident/\$55.50 non-resider	nt



Badminton is a racquet sport played using racquets to hit a shuttlecock across a net. Learn rules, strokes, footwork and strategy with an emphasis on doubles play (two players per side). There will be an informal tournament to conclude each month's study. "Badminton"

Grades 6-12:	Sunday, 5:30-6:30pm	412221
Sessions:	Sept 8-29; Oct 6-27; Nov 3-24	
Location:	St Vrain Memorial Bldg, 700 L	ongs Peak Ave
Fee:	\$31.50 resident/\$39.50 non-re	sident

# **YOUTH & ADULT SPORTS**



# **TENNIS LESSONS**

Gonzo Tennis was founded in 2004 by Gonzalo Garcia with the idea of bringing quality tennis programs to the Boulder Community. Since then, the tennis program has seen substantial positive growth in the area. Gonzo tennis is devoted to fostering the development of players from 5 years of age and up and giving them the opportunity to discover even more about this truly international and life-long sport. It's all about Tennis! For inclement weather and cancelation information visit www.gonzotennis.com.



Location: Quail Tennis Courts, 310 Quail Rd

# **Youth Tennis Lessons - Ages 5-10**

The goal of Gonzo Tennis is to not only teach our youth the wonderful game of tennis but also to build character and self-confidence in a friendly, safe and healthy environment.

Fall Session:	Aug 26-Oct 16	"Tennis"
MINI Gonzos:	Mon or Wed	
5-6 yrs:	3:45-4:30pm	412600
Fee:	\$110 resident/\$137.50	non-resident
TINY Gonzos:	Mon or Wed	
7-8 yrs:	4:30-5:15pm	412601
Fee:	\$110 resident/\$137.50	non-resident
<b>MIGHTY Gonzos:</b>	Mon or Wed	
9-10 yrs:	5:16-6:15pm	
Fee:	\$145 resident/\$181.25	non-resident

# **Junior Tennis - Ages 11-16**

These game-based programs use specific exercises and fun games to help students understand aspects of tennis. Must get approval from coaches to register for intermediate courses.

Fall Session:	Aug 27-Oct 15	"Tennis"
Beginner:	Tue, 4-5pm	412603
Intermediate:	Tue, 5-6pm	412613
Fee:	\$145 resident/\$181.25 no	on-resident

# Adult Tennis - Ages 16 & up

All Gonzo Tennis classes use a game-based, solution-focused style of development that keeps participants engaged in funfilled activities while learning the sport of a lifetime.

Session 1:	Aug 26-Sept 20	
Session 2:	Sept 30-Oct 25	
Beginner:	Fri 9-10:30am	
	or Wed 6-7:30pm	412605
Intermediate:	Fri 10:30am-12pm	
	or Mon 6-7:30pm	412615
Fee:	\$130 resident/ \$162.50 non-	resident







# **YOUTH & ADULT SPORTS**

# **BASKETBALL**

# Youth Basketball: Grades K-2

Longmont's coed youth basketball program emphasizes teamwork, sportsmanship, skill development, participation and FUN. Each K-2 participant receives a t-shirt and a basketball. \*No class Nov 25-29.



Kindergar	ten: Instructional, no games	"Basketball"
	Oct 25-Dec 6*, Fri, 4:30-5:15pm	412201.4
Fee:	\$55.75 resident/\$72.25 non-resident	
1st & 2nd (	Grade: Games played the last week	
	Oct 21-Dec 4*, Mon/Wed, 4:30-5:15pm	412202.MW
	Oct 22-Dec 5*, Tue/Thurs, 4:30-5:15pm	412202.TR
Fee:	\$69.25 resident/\$86.50 non-resident	
Location:	Longmont Recreation Center, 310 Qu	ail Rd

# Youth Basketball Leagues: Grades 3-12

Practice two hours per week at local schools Monday-Friday evenings. Grades 3-8 play Saturday games in Longmont or surrounding towns. High School league is for players who DO NOT play on a high school or club team. HS games are played Sundays. Includes basketball. Registration deadline is Dec 15. Practice begins the week of Jan 6. Teams are formed by school attended – requests are not guaranteed. This program is dependent upon volunteer coaches, please call 303-651-8398 to volunteer. "Basketball"

Dates:	Jan 6-Feb 23, games begin Jan 18/Jan 19		
Boys		Girls	
3rd Grade	112003	3rd Grade	112013
4th Grade	112004	4th Grade	112014
5th Grade	112005	5th Grade	112015
6th Grade	112006	6th Grade	112016
7th Grade	112007	7/8th Grade	112017
8th Grade	112008		
9-12th Grad	e 112012	9-12th Grade	112011
Fee:	\$100 resider	nt/\$125 non-resident	

# **Shotokan Karate**

Shotokan karate training helps increase physical fitness, confidence, improved motor skills, flexibility, speed, concentration, discipline & personal safety.

7 & up:	Tue & Thurs, 6:40-7:40pm	
	On-going monthly sessions	
Instructor:	Sensei Chad Callaghan	
Location:	Memorial Building Bldg, 700 Longs Peak Ave	
Youth Fee:	\$75 resident/ \$93.75 non-resident per month	
Adult Fee:	\$95 resident/ \$118.75 non-resident per month	

# Tae Kwon Do

This is a traditional Chung Do Kwan style of Tae Kwon Do. All sparring is no-contact. Classes consist of basic techniques (kicks, punches, and blocks), forms or katas, no-contact sparring, and other self-defense techniques.

\*No class 11/27 & 29, 12/13, & 12/25. "Tae Kwon Do"

7 & up:	Sept 4-Dec 30*, M/W/F, 5:45-7:15pm	447250
Instructor:	Jim Goldsmith	
Location:	Memorial Building Bldg,	
	700 Longs Peak Ave	

Session Fee: \$130 resident/ \$162.50 non-resident



"karate"

# **Volleyball Camp**

Join us for a power packed camp designed to be fun while teaching the fundamentals of the sport – serving, setting, hitting and defense. For beginners and intermediate players. No experience is necessary. All equipment provided. "Volleyball"

<b>Grades</b> 7 & 8:	Jan 2 & 3, Thurs & Fri, 9-11am	112296
High School:	Jan 2 & 3, Thurs & Fri, 11am-1pm	112296
Instructor:	Nicholle Snyder, Legends Sports, LLC	
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$95 resident/\$118.75 non-resident	

# Basketball Winter Break Camp

Teaching ball handling (dribbling) and shooting fundamentals, this camp is a great way to build confidence and ability. Camp includes 3V3 fun games and drills. All levels of play welcome. "Basketball"

8-12 yrs:	Jan 2 & 3, Thurs & Fri, 9am-11pm	112291
Instructor:	Jorsua Chambers, Legends Sports, LLC	
Location:	St Vrain Memorial Bldg, 700 Longs Peal	k Ave
Fee:	\$95 resident/\$118.75 non-resident	

# **ADULT SPORTS**



# **ADULT SPORTS**

# Adult Pickleball Lessons

This combination of badminton, ping-pong and tennis is played with a whiffle ball on a short tennis court. It's fun, social and easy to learn making it one of the nation's fastest growing sports. Learn rules, techniques and basic strategies. Designed for beginner and advanced beginning players. Equipment provided.

16 & up: Wed 5:30-6:30pm; Thurs 4:30-5:30pm; or

Thurs 5:30-6:30pm | Sept 4-26; Oct 2-24 412322

Location: Hover Pickleball Courts, 1361 Charles St

16 & up: Wed 9-10am; Fri 9-10am; or Sun 1-2pm

Oct 30-Nov 24 412322

Location: Longmont Recreation Center, 310 Quail Rd

Fee: \$47.50 resident/\$55.50 non-resident

# **Adult Pickleball Clinics**

Monthly clinics focused on a specific element of the game. The first hour dedicated to drills and the second to putting the skills learned into practice. "Pickleball"

18 & up:	Mondays, 5:30-7:30pm	312392
Serves:	Aug 5-26	
Drilling:	Sept 9-30	
Location:	Hover Acres Park, 1361 Charles Dr	
Fee:	\$83 resident/\$103.50 non-resident	



# **ADULT SPORTS LEAGUES**

Sign-up as a free agent! Free agents are individuals who don't have a team, but want to play in an adult sports league.

Free agents are combined to form a team(s). Registration and rules for all adult sports are available at

Longmontcolorado.gov/leagues and at the Longmont Recreation Center, 310 Quail Rd.

\*Split payment Option – Pay half the registration fee when you sign up and the rest of the fee half way through the season. Split payment option adds \$15 to league pricing. Early Bird Discount – pay early and get a discount, look for before and after dates listed in the description.

# **Fall Softball**

Men's, Women's, Open, and Coed leagues are offered for ages 16 to adult. The Open division consists of mixed gender teams without using coed rules. Pricing includes up to 16 players. *Day of play dependent upon league enrolled*.

16 & up: Garden Acres Ball Fields, 2058 Spencer St

Fall Dates: Aug 19-Oct 18, 8 games

Fall Team Fee\*: \$540 before 7/22; \$570 after 7/21
Free Agent Fee: \$51 resident/\$63.75 non-res "agent"

Registration Deadline: Aug 5, \$15 late fee applies beginning 8/6

# **Adult Fall Basketball**

Adult Recreational 5v5 League offered on Thursday nights. See additional league information online.

18 yrs & up:

310 Quail Rd

Fall Dates:

Sept 12-Nov 21

Total Team Fee:

\$465 before 8/19; \$495 after 8/18

Free Agent Fee:

\$58 res/\$72.50 non-res

"agent"

Registration Deadline: 9/3; \$15 late fee applies beginning 9/4

# **Fall Coed Kickball**

Join the craze! Kickball is wild fun- a sport that athletes of all abilities can play. Coed kickball league is played with 4 men and 4 women on the field. See additional league information online. Pricing includes up to 16 players.

16 & up:	Garden Acres Park, 2058 Spencer St	
Fall Dates:	Tues, Aug 20-Oct 15, 8 games	
Fall Team Fee*:	\$365 before 7/22; \$395 after 7/21	
Free Agent Fee: \$37 resident/\$46.50 non-res "agent"		
Registration Deadline: Aug 5, \$15 late fee applies beginning 8/6		



"I started as a lifeguard in high school after my friend said I should come work with them because it was fun. I like that every day will be different and you never know what could be coming." – Dalton

"I love that we are the memory makers, and are able to offer a variety of opportunities for people in all stages in their lives to thoroughly enjoy themselves at the recreation facilities we take care of, and in the programs we offer." - Sara

"I worked youth summer basketball camps for my high school team to pay for my own summer basketball. That and a couple of great baseball coaches in little league baseball are the reason I got into Recreation. The thing I like best about working in Recreation is the impact on the participants and the community." - Ben

"I am very passionate about recreational athletics for kids and adults. So many kids drop out of sports because programs get too competitive, so ensuring that all kids have an opportunity to play is essential. Grown ups need to play too." - Jes

"Recreation encompasses a lot more career paths than the title indicates. I like helping people. I also like working around people of all ages and the energy and creativity that comes with recreation programs." - RaShelle

"Recreation has always felt like my work home. It provides the flexibility I need with my family and offers the freshness in a job that I love because each day is different in Recreation!" - Veronica

"I really enjoy puzzles. I like the variety and flexibility that working within Recreation offers. I enjoy working with individuals passionate about serving their community" - Suellen

"Working as a maintenance supervisor for aquatics and ice is fulfilling due to its diverse challenges and direct impact on community recreation. I enjoy the constant problem-solving and teamwork, ensuring facilities run smoothly and safely for everyone's enjoyment and wellbeing." - Phil

**WEARE** RECREATION

"I really love providing programming that leaves lasting memories for our community. It is so rewarding to hear "my kids absolutely love your camp! They are always so excited to go back" and know that you've made a difference for that family. Being a recreation professional is so fun and I feel so lucky to have fallen into a career that gives back and creates new experiences for people." - Kristen

"I am passionate about bringing fitness and wellness to the community and love to share my enthusiasm with the patrons. I truly believe people's lives are enriched greatly by the services we offer." - Carla

"While in school for Sports Management, I began working in adaptive sports. I found Therapeutic Recreation and fell in love. I like being able to make an impact on people's lives and the community."

- Ariana

"I ended up in Recreation because I watched [the TV show] "Parks and Recreation" in college and knew I was destined to plan my version of the Pawnee Harvest Festival and Farewell Lil Sebastian Memorial Concert. I like being responsible for the fun, and I love seeing people enjoy the things I spend so much time planning!" Sam

# FITNESS & WELLNESS

# GROUP FITNESS CLASSES INCLUDED WITH PASSES OR DAILY DROP IN FEE

# **Benefits of Group Fitness**

- » Find motivation and inspiration
- » Accountability
- » Social interaction
- » Variety
- » Expert guidance from certified instructors

# With over 120 weekly classes, there is something for everyone

- » Cardio: kickboxing, Zumba®, Nia, step
- » Strength: sculpt & tone, bootcamp, cycle & strength
- » SilverSneakers® Classes: classic, circuit, yoga, splash, stability, enerchi
- » Aqua Fitness: lazy river classes, aqua power, deep water, aqua Zumba®
- » And MUCH MORE!



# Get the schedule & class descriptions

Visit <u>www.longmontcolorado.gov/fitness</u> or see facility for printouts.

No Regular Fitness Classes: Mon, Sept 2 & Thurs, Nov 28

Join us for a special, come-get-your-last-chance-calorie-burn-before-the-big-day
Pre-Turkey Buster boot camp class: Wed, Nov 27, 5:30pm
at Longmont Recreation Center, 310 Quail Rd.

Please note annual maintenance closure
dates for Recreation facilities in Augustthese closures will impact fitness schedules.

**St Vrain Memorial Building** 700 Longs Peak Ave 303-651-8404 Centennial Pool 1201 Alpine St 303-651-8406 Longmont Recreation Center 310 Quail Rd 303-774-4800 Sunset Pool - seasonal 1900 Longs Peak Ave 303-651-8300



# **FITNESS & WELLNESS**

# SILVERSNEAKERS® & RENEW ACTIVE™ PROGRAMS

Designed for Medicare participants with select insurance plans. Both programs include use of facility amenities and group fitness classes with unlimited daily admission at the Longmont Recreation Center, Centennial Pool, and the St Vrain Memorial Building. Both programs are also valid for admission for the SilverSneakers® classes held at the Senior Center. To find out more, call 303-774-4800 or stop in at the Longmont Recreation Center and get signed up!

# **Facility Orientations**

Facility orientations for SilverSneakers® and Renew Active participants involve a facility tour and an overview of the fitness equipment.

Days/Times: Sept 5, Oct 3, Nov 7, Dec 5, Thurs, 9am

Aug 15, Sept 19, Oct 17, Nov 21, Dec 19, Thurs, 2pm

Location: Longmont Recreation Center, 310 Quail Rd

Fee: FREE, however preregistration is required, keyword "silver"

# SilverSneakers® Fitness Classes

Choose from these 45 to 60 minute classes geared specifically for the unique fitness needs of older individuals. Class descriptions and schedule of classes are available online and at Recreation facilities.

SilverSneakers® Classic SilverSneakers® Circuit SilverSneakers® Cardio SilverSneakers® Yoga SilverSneakers® Stability SilverSneakers® Splash

SilverSneakers® Enerchi Please be sure to check the location of your class.









**Lunch & Learns** Join Recreation instructors as they discuss different topics.

Tues, noon-1pm Aug 13, Sept 10, Oct 8, Nov 12, Dec 10 Keyword "lunch"

Fee: Free for SilverSneakers® & Renew Active™ members

Location: Senior Center, 910 Longs Peak Ave

# INDIVIDUALIZED CUSTOM TRAINING

# **Personal Training**

Training can include core and balance training, basic weight training, muscle building and cardiovascular training tailored to your personal needs with a certified personal trainer or nutrition assessments and plans with a registered dietician. Call the Longmont Recreation Center at 303-774-4700 for more information. Days and Times by appointment. One hour sessions.

# **Body Composition with the InBody 270**

Go beyond the scale with the InBody Test, a non-invasive body composition analysis. Call 303-774-4752 for more information and to schedule. The fifth session is FREE!

Single Session: \$20 extended pass-holders/ \$25 Location: Longmont Recreation Center, 310 Quail Rd



# **AUGUST**



# AT THE ACTIVITY POOLS

# **AUG 13**

Tuesday from 4-7pm at Roosevelt Activity Pool, 903 8th Ave

# **AUG 14**

Wednesday from 10am-12pm & 4-7pm at Kanemoto Activity Pool, 1151 S Pratt Pkwy

After the Activity Pools are closed to the general human public, the pool chemicals are neutralized so the water is safe for dogs. All friendly dogs are welcome; balls and bags will be provided. No people swimming and thank you for picking up after your pooch! Fee is \$5 per dog; Recreation passes are not valid.

# **AUG 20 COMMUNITY NIGHT** WITH LEGENDARY LADIES

Tuesday, 5:30-7:30pm, show starts at 6:30pm, Sandstone Ranch Visitors & Learning Center, 3001 Sandstone Dr

Bring a picnic dinner, chairs & blankets to travel back in time to hear the stories of real women who made a significant impact on the West.

# FITNESS IN THE PARKS

Take your workouts outside this fall at Lanyon Park. Come dressed for the weather. Childcare is not available.

1st & 3rd Saturdays Sat, 9am: Aug 17 Sat, 12pm: Sept 7 & 21 | Oct 5 & 19 | Nov 2 & 16

Location: Lanyon Park, 1900 Collyer St

**FREE** Fee:

# **AUG 17 CLUB-A-FAIR OPEN HOUSE**

Saturday, 10am-1pm at the Callahan House, 312 Terry St Stop on by to learn more about various clubs that meet in Longmont who are seeking new members. FREE.



Swim, bike, and run through our amateur Triathlon races. Enjoy scenic run and bike courses finishing on the Longmont Recreation Center's south lawn. LongmontColorado.gov/triathlon

19th Annual Longmont Kids Only Triathlon 6-17 yrs: Sat, Aug 24 first heat at 7:45am \$50

12th Annual Longmont Try-A-Tri

17 & up: Sat, Aug 24 first heat at 9:45am \$60

It is not too late to be an event sponsor! Contact 303-774-4694 for more information.

# **HOLIDAY OBSERVATION DATES:**

# SEPT 2 LABOR DAY

City offices closed. Modified recreation facility hours.\*

# **NOV 11 VETERANS DAY**

City offices closed. Recreation facilities operating on normal schedules.

# NOV 28 THANKSGIVING DAY

City offices closed. Recreation facilities closed.\*

# **NOV 29** DAY AFTER THANKSGIVING DAY

City offices closed. Recreation facilities operating on normal schedules.

# **DEC 25** CHRISTMAS DAY

City offices closed. Recreation facilities closed. \*

\*Trash/Recycle/Compost collected according to modified schedule.

# SEPTEMBER



LONGMONT

The great big small bank





Saturday, 2-10pm at Roosevelt Park, 700 Longs Peak Ave

Don't miss a beat! Join us for the second year of Rhythm at Roosevelt. With a central location and cooler temperatures, come dance the night away to live bands throughout this FREE event. Enjoy all our free attractions, including a ropes course, roller rink, and axe throwing. Banshee Tree will headline at 8:30pm. Food and drinks will be available for purchase. Come and enjoy an afternoon and evening of fun for the whole family!







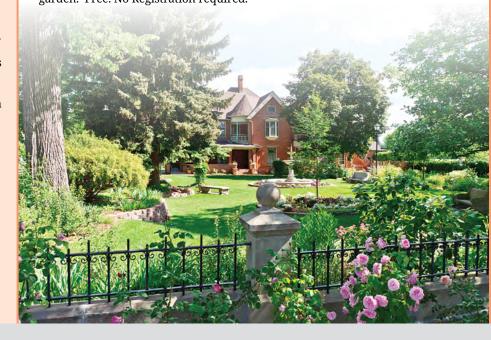


# SEPT 14 **HISTORIC CALLAHAN ARTWALK OPEN HOUSE**



Saturday, 4-8pm at 312 Terry St

Callahan House & Garden will be open to the public as part of Firehouse ArtWalk. Local artists will be selling their work, with live music in the garden. Free. No Registration required.





**OCT 26** 

# **45TH ANNUAL HALLOWEEN PARADE** & TRICK OR TREAT STREET

Saturday, 9:30am line-up; 10am parade starts at Roosevelt Park, 700 Longs Peak Ave

Dress up in your Halloween Costume, march on Main Street, and visit Downtown participating merchants for Trick or Treat Street immediately following the parade. Kids of all ages can be a part of this costume foot parade. No registration is required! Strollers or wagons are recommended for tiny feet. No motorized vehicles allowed. Dogs must be leashed. Please, no large animals.

For more information contact Recreation Services at 303-651-8404. Parade map viewable online at LongmontColorado.gov/rec.

# **NOVEMBER**

NOV9

# **TURKEY TROT - 10K & 2 MILE RACE**

Saturday, 9am at Altona Middle School, 4600 Clover Basin Dr

Enjoy a beautiful fall morning, running or walking through one of the most scenic, fastest, 10k or 2 mile courses around! Or signup to take an early November stroll with family and friends, making sure to visit all the booths in the Vendor Village after the race.

Register by 5pm, Sunday, October 20 and receive a personalized bib! Sorry, no refunds for special events.

**Interested in a discount?** Gather a group of 15 or more people and contact Sam Calhoon (sam.calhoon@longmontcolorado.gov or 303-774-4694) for the group rate.



# NOV 23

# **'LIGHT UP THE PLAZA' EVENT**

**Saturday, 6pm, at the Library & Civic Center Plaza on Kimbark St** Enjoy craft activities, music, sweet treats and warm drinks, and light up the plaza trees around 6:30pm. Enjoy the opportunity to visit and take photos with Santa!

# NOV 30

# SMALL BUSINESS SATURDAY

Shop Small! Local gifts leave a lasting impression – and there are hundreds of retailers and restaurants in Longmont's downtown district. Festivities include a life-sized snow globe in St Stephen's Plaza and fun surprises along the downtown district.

# **DECEMBER**

Come visit during December to witness the magic of the holidays alive in lights throughout Roosevelt Park, 700 Longs Peak Ave. LongmontColorado.gov/rec

# DEC 13 & 14 LONGMONT LIGHTS

Friday | Dec 13, 5-8pm

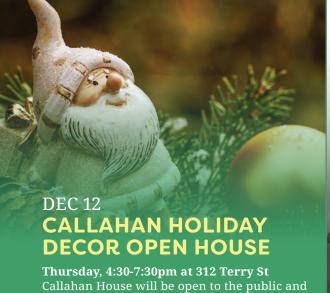
- » Fire pits with Hot Cocoa courtesy of Meals of Wheels
- » Santa's Workshop
- » Ice Skating
- » Food Trucks

# PARADE OF LIGHTS

"Timeless Holiday Tales" | Saturday | Dec 14, 5pm

Parade line up will begin at 3:30pm around Roosevelt Park. Parade of Lights begins at 5pm and routes around Kimbark and Main Street (300-800 blocks), construction allowing. Contact Recreation Services at 303-651-8404 for more information.

Float applications accepted Sept 15-Dec 1 at LongmontColorado.gov/longmontlights



Thursday, 4:30-7:30pm at 312 Terry St Callahan House will be open to the public and decorated for the holidays! Free. No registration required. *Santa is NOT present at this event.* 







# FITNESS & WELLNESS

# **TRX Free Orientation**

Join us for a free orientation to familiarize yourself with the TRX straps and prepare to take TRX classes. Must take an orientation or have taken a TRX class in order to drop in the ongoing sessions.

"TRX"

14 & up:	Mon, 10-10:30am or Wed, 6:45-7:15pm	
	Aug 12/14, Wed, 6:15-6:45pm	323500
	Sept 9/11   Oct 14/16   Nov 4/6	423500
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	Free, but must pre-register	

# **TRX**

TRX is a distinct training system that uses your own body weight and gravity as resistance. This training system is unique, simple to perform, but challenging as every movement requires balance and core strength. A great supplemental workout or a standalone program for every fitness level. Attend a TRX orientation before this class. "TRX"

16 & up:	Mon & Wed, 9-10am	323512   423512
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Daily Fee:	\$7 resident/\$8.75 non-reside	nt

# **Nia Dance Party**

Come share in the JOY of moving with us. Great Music and lots of fun. No Experience needed. "Nia"

14 & up:	Oct 11, Fri, 5:45-7pm	413812
	Dec 13, Fri, 5:45-7pm	113812
Instructor:	Jackie and Marty Diner	
Location:	Longmont Recreation Center	
Fee:	\$8 resident/\$10 non-resident	

# **TRX Yoga**

TRX Yoga is the ultimate fusion of fitness and yoga, made stronger with the use of TRX® Suspension Trainer $^{\text{TM}}$ . Putting the straps into practice builds a strong foundation of alignment feedback during poses, while also building strength, mobility, core stability and overall confidence through the repetition of movement with breath. "TRX"

16 & up:	Wed, 12-1pm	323516   423516
Instructor:	Helene Pronk	
Location:	St Vrain Memorial Bldg, 700	Longs Peak Ave
Daily Fee:	\$8 resident/\$10 non-resident	





# BECOME A FITNESS INSTRUCTOR

Do you have a passion for fitness? Are you an upbeat and positive person that loves helping people achieve goals? Come be part of a team that loves to motivate and inspire people to be active and healthy.

Contact Carla at 303-774-4752 or Carla.Mathers@longmontcolorado.gov for more information about getting started teaching fitness classes for our community.

# FITNESS & WELLNESS FITNESS DESCRIPTIONS



# **ON-GOING YOGA OFFERINGS**

Pre-registration is required. August codes begin with "3". September, October, and November begin with "4". Classes are offered on an on-going weekly basis unless otherwise noted. Custom dates available online.

# Alignment-Gateway to the Heart of Yoga

Gravity, poor posture and stress can pull us physically and emotionally off center and into discomfort. Clear instruction in alignment aimed at spine and joint health, can improve posture and well being. Personalized attention will guide you towards greater strength, flexibility, and balance. Beginning and continuing students welcome. "yoga"

16 & up:	Monday, 12:30-1:45pm	343117   443117
Instructor:	Gwyn Cody	
Location:	Lashley St Station, 1200 La	shley St
Daily Fee:	\$15 resident/\$18.75 non-re	sident

# **Prenatal Yoga**

This class is designed for all stages of pregnancy. Enjoy a uniquely tailored yoga class to strengthen, stretch, and nourish the pregnant body. Movement is created to support the rapidly changing pregnant body, as well soothe and alleviate the common discomforts of pregnancy. "yoga"

16 & up:	Monday, 5-6:15pm	343144   443144
Instructor:	Jessica Fawcett	
Location:	Longmont Recreation Center, 310 Quail Rd	
	*Aug location: Lashley S	St Station, 1200 Lashley St
Daily Fee:	\$18 resident/\$22.50 non	-resident

# Resilient Hatha Yoga

This class is designed to mindfully move your body in multiple planes, using your skill, strength and good judgment to emphasize flexibility and strength. Practice using your breathing more consciously to support your movements and to increase enjoyment of your life. "yoga"

Tuesday, 9:15-10:30am	343152   443152
Diana Shellenberger	
Lashley St Station, 1200 Lashle	y St
\$15 resident/\$18.75 non-reside	ent

# **Evening Yoga for Flexibility**

Yoga class that practices deep stretching and flow movement. We practice slow sun salutations and standing poses. Alignment and balancing poses help to keep the student strong. We incorporate stretching and holding poses for each class. Most people can adapt each class to their personal needs. "yoga"

16 & up:	Tuesday, 6:30-7:45pm	* 343118*   443118
Instructor:	Josine Michels	*Aug classes 6-7:15pm
Location:	Lashley St Station, 1200 Lashley St	
Daily Fee:	\$15 resident/\$18.75 non-resident	



# **Toddler and Me Yoga**

For mamas/caregivers and little ones who are mobile and want to explore the world with their bodies. Movement is a blend between postpartum focused recovery and strengthening as well as playful fluid movement beneficial for all ages and stages of life. "yoga"

16 & up:	Wed, 10-11am	343145   443145
Instructor:	Jessica Fawcett	
Location:	Lashley St Station, 120	00 Lashley St
Daily Fee:	16 resident/\$20 non-re	esident

# **Baby and Me Yoga**

This class is for mamas/caregivers and babies who are not yet "mobile" and are at least 6 weeks postpartum/6 weeks old. Focus mainly on postpartum recovery. Includes time at the end of each class for baby movement and massage, as well as a sweet savasana for all. "yoga"

16 & up:	Wed, 11:15am-12:15pm	343146   443146
Instructor:	Jessica Fawcett	
Location:	Lashley St Station, 1200 Las	hley St
Daily Fee:	\$16 resident/\$20 non-reside	nt

# **Yoga Therapy**

Explore yoga using principles of breath, sensation and observation. Foundational posture "Asana" allowing body, mind into peace and harmony with the perspective of promoting flexibility and mindfulness. Pranayama and meditation are also integrated with the structural therapeutic values of this class. Enjoy! \*No August Classes. "yoga"

16 & up:	Thursday, 9-11am	443142	
Instructor:	Shar Lee		
Location:	Lashley St Station, 1200	Lashley St	
Daily Fee:	\$18 resident/\$22.50 non-	resident	



# **FITNESS & WELLNESS**

# **ON-GOING YOGA OFFERINGS**

# **Gentle Yoga**

This All-level Gentle Vinyasa yoga is practiced at a moderate pace with props and modifications for comfort and individual growth. An excellent option to improve balance, posture, strength, flexibility, and wellbeing.

"yoga"

16 & up:	Friday, 9:30-10:45am	343133   443133
Instructor:	Urszula Bunting	
Location:	Lashley St Station, 1200 La	ashley St
Daily Fee:	\$15 resident/\$18.75 non-re	esident

# **Sunday Morning Yoga**

From the first morning you'll sense a difference in your flexibility, strength, integration, sense of ease. Gentle lying, sitting, and standing sequences move with breath. Develop an intimate and bigger perspective. Hone awareness; find delight in body & mind. "yoga"

16 & up:	Sunday, 9:30-10:45am	343171   443171
Instructor:	Katharine Kaufman	
Location:	Lashley St Station, 1200 La	ashley St
Daily Fee:	\$15 resident/\$18.75 non-re	esident

# **SPECIALTY YOGA**

# **Yoga Happy Hour**

Join Diana for an introduction to meditation one-hour miniintensive. Even if you've never practiced yoga before, you can benefit from this class. Receive printouts of what you practice in class, along with an audio recording of each class. "yoga"

16 & up:	Aug 23, Fri, 6-7pm	343153
Instructor:	Diana Shellenberger	
Location:	Lashley St Station, 1200 Lashley St	
Daily Fee:	\$20 resident/\$25 non-resident	

# Fall Yoga & Meditation Retreat

Take a beat, and a day, to practice yoga, sitting and walking meditation at Longmont's hidden jewel, Sandstone Ranch. Rest and restore. Find balance, energy & awareness. "yoga"

16 & up:	Nov 9, Sat, 10am-4:30pm	443193
Instructor:	Katharine Kaufman	
Location:	SSR Visitor Center, 3001 Sandstone Dr	
Fee:	\$70 resident/\$87.50 non-resident	

# Restorative Yoga

Unwind, experience deep relaxation, and allow your body and mind to pause with restorative yoga poses, various props, Tibetan bowls, candlelight, soft music, and gentle guidance from an experienced yoga teacher. Stay for tea and treats after the class. Bring a yoga mat and two blankets. "yoga"

16 & up:	Sept 6, Fri, 6-7:30pm	443155
	Oct 4, Fri, 6-7:30pm	
	Nov 15, Fri, 6-7:30pm	
	Dec 13, Fri, 6-7:30pm	
Instructor:	Urszula Bunting	
Location:	Lashley St Station,1200 Lashley St	
Fee:	\$25 resident/\$31.25 non-resident	

# Deep Play: The Art of Improvisational Moving

In Deep Play, moving can be restful, explorative, dynamic, and anything can happen! Cultivate awareness and community. Follow your own delight. Dance or theater background is not required.

18 & up:	Oct 5, Oct 19, Nov 23, Dec 7	
	Sat, 1-2:15pm	443194
Instructor:	Katharine Kaufman	
Location:	Lashley St Station,1200 Lashley St	
Daily Fee:	\$15 resident/\$18.75 non-resident	



# Tai Chi: Moving for Better Balance

One of the most effective programs for fall prevention! Commit to 12 weeks, once a week, and improve balance, confidence, gait, coordination, and overall health and well-being. This program is based on eight forms derived from the traditional Tai Chi Yang style. \*No 10/29 & 11/26 "Tai Chi"

18 & up:	Sept 3-Dec 3*, Tue, 2-3pm	443251
Instructor:	Urszula Bunting	
Location:	St Vrain Memorial Bldg, 700 Longs	Peak Ave
Fee:	\$115 resident/\$143.75 non-residen	t
***************************************		

# FITNESS & WELLNESS



### Essentrics w/ Kim

Increase mobility, flexibility, and range of motion. Barefoot, low impact. Get your metabolism going while increasing lymph and blood flow throughout the body. Feel increased energy while improving posture, balance and strength. A great addition to your fitness goals. Join us!

16 & up:	Thurs 9-10am
On-going	weekly offerings

313922 | 413922

Instructor: Kim Zimmer

St Vrain Memorial Bldg, 700 Longs Peak Ave Location:

Daily Fee: \$15 resident/\$18.75 non-resident

# Tai Chi: 37 Posture Yang Short Form

Tai Chi is a mind-body exercise utilizing slow, relaxed movement, a quiet mind and deep, natural breathing that stimulates the flow of chi (intrinsic energy). For people who have some Tai Chi experience. "tai chi"

18 & up: Mon, 11am-12pm 343125 | 443125

Instructor: Barb Larsen

Location: Izaak Walton Clubhouse, 18 S Sunset St

Daily Fee: \$7 resident/\$8.75 non-resident

# **Mat Pilates**

15 & up:

Pilates is an effective form of low impact exercise that builds core strength, tones the entire body, improves flexibility and posture. Class focuses on core stability, balance, precision and control using your own bodyweight for resistance while adding challenge with progressions and props.

\*No August classes. "pilates"

434126

Instructor: Elise Milam

Lashley St Station, 1200 Lashley St Location:

\$20 resident/\$25 non-resident Daily Fee:

Tue, 1:30-2:30pm

# **Meditation & Breathwork Healing Session**

Clear energy blockages, boost the immune system & balance the body. Induces heart coherence with a variety of breathing techniques, visualizations, mantras & music. "meditation"

Aug 18\*, Sun, 2:30-4pm 343127 15 & up:

Sept 10, Oct 8, Nov 12:

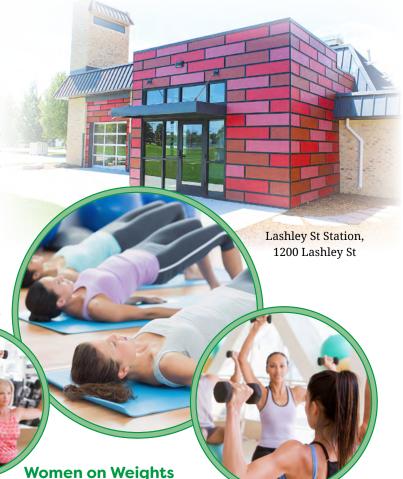
Tues, 12:15-1:15pm 434127

Instructor: Elise Milam

Location: Lashley St Station, 1200 Lashley St

Fee: \$30 resident/\$37.50 non-resident

\*Aug Fee: \$45 resident/\$56.25 non-resident



# **Seniors on Weights**

This small group program, taught by a certified personal trainer, is designed for seniors to get comfortable in the weight room, learn to use the equipment and properly warm up/cool down for safe execution of the strengthening exercises.

55 & up:	Tue & Thurs, 1:30-3pm	"weights"
	Aug 6-29	313303
	Sept 3-26, Oct 1-24, Oct 31-Nov 26,	
	Dec 3-26	413303
Instructor:	Kenya Taylor, CPT	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$130 res/\$162.50 non-resident	

New to weight training or getting back into it after a long hiatus? This small group training program is designed to help you get comfortable in the weight room, teach you how to use the equipment and get the most out of your workout.

"weights"

16 & up:	Tues, 1:15-2:45pm	434112
	Sept 3-Oct 1   Oct 8-Nov 5   Nov	<b>12-Dec 1</b> 7
Instructor:	Shantel Wheaton	
Location:	Longmont Recreation Center, 310	) Quail Rd
Fee:	\$80 resident/\$100 non-resident	



# THERAPEUTIC RECREATION



**The SCOPE** (Supportive, Captivating, & Original Programs & Experiences) This Program encourages people of all abilities to participate in recreational programs and activities. The mission of SCOPE is to provide specialized support and recreational opportunities to people with disabilities. Our vision is to enrich lives and create experiences that are memorable, empowering, fun and safe for all participants.

Ariana Heter, Therapeutic Recreation Coordinator | ariana.heter@longmontcolorado.gov | 303-651-8907

# **SCOPE: Arts & Crafts**

It's time to get those creative muscles moving! Join SCOPE for a variety of creative expressions! All materials are provided. All abilities are welcome. "scope"

8 & up:	Tues, 5-6pm	449202   149202
	Sept 10   Oct 8   Nov 12   I	Dec 10
Location:	Locations vary	
Fee:	\$15 resident/\$18.75 non-re	esident

# **SCOPE: Movie Night**

Join in for some move night fun! Popcorn, light refreshments, and great company! All movies will be PG-13. "scope"

8 & up:	Mon, 5-7pm	449508   149500
	Sept 30   Oct 14   Nov 18	Dec 9
Location:	St Vrain Memorial Bldg, '	700 Longs Peak Ave
Fee:	\$15 resident/\$18.75 non-	resident

# **SCOPE: Fitness**

Join us for a fun-filled, inclusive exercise experience that celebrates the unique abilities and strengths of every individual on their journey towards a healthier and happier lifestyle. "scope"

12 & up:	Sept 9-Nov 25*, Mon, 3:30-4:30pm	449510
	Dec 2-Dec 16, Mon, 3:30-4:30pm	149510
Location:	St Vrain Memorial Bldg, 700 Longs Pe	ak Ave
Fee:	\$7 resident/\$8.75 non-resident	



# **SCOPE: Line Dance**

Adaptive line dance makes dance for everyone! No prior dance experience required.
Inclusive movement for standing or seated participants.
Come out and enjoy line dance with Two Left Boots!
\*No Nov 11 & 29 "scope"

10 & up: 1st & 3rd Wed, 4-5pm 449513 | 149513
Sept 4-Dec 18\*

Instructor: Two Left Boots
Location: Izaak Walton Clubhouse, 18 S Sunset

Daily Fee: \$7 resident/\$8.75 non-resident



Join us at Dickens Farm Nature Area for kite flying! It's a great way to practice mindfulness, be in the beauty of nature, focus on socializing, and get some exercise. We supply the kites or bring your own!



12 & up:	Sept 11, Wed, 4-5pm	449512
	Oct 9, Wed, 4-5pm	449512
Location:	Dickens Farm Nature Area p	arking lot
Fee:	\$6.50 resident/\$8 non-reside	nt

# **SCOPE: Sing for Joy!**

Come sing your favorite songs with Barbara Jo and let the magic of singing with others light up your being from head to toe!

No experience necessary, just a desire to have a bunch of fun!

Barbara Jo will bring her bells and percussion instruments!

\*Care assistants are required to attend with persons with severe physical or emotional needs.

"scope"

10 & up:	Fri, 4:30-5:30pm	449516   149516	
	Sept 13   Sept 27   Oct 11   Oct 25		
	Nov 8   Nov 22   Dec 13		
Instructor:	Barbara Jo Kammer		
Location:	Izaak Walton Clubhouse,	18 S Sunset	
Fee:	\$6.50 resident/\$8 non-res	ident	

# THERAPEUTIC RECREATION



# **SCOPE: Parties**

Join SCOPE for a party every month! Light refreshments provided.

8 & up:			"scope"
Yard Gam	es Party	Sept 25, Wed, 5-6pm	449520
Halloweer	n Party	Oct 23, Wed, 5-6pm	449520
Bing-OH N	ight!	Nov 13, Wed, 5-6pm	449520
Holiday Sv	veater	Dec 11, Wed, 5-6pm	149520
Location:	Locations	s vary	
Fee:	\$16.50 res	sident/\$20.50 non-resident	

# **SCOPE: Lunch Trips**

Each month, join SCOPE as we visit a different restaurant for casual lunch. Transportation is provided. Cost of lunch is on your own. Spots are limited, registered now! "scope"

8 & up:		Tuesdays	
Parkway Food Hall		Sept 24, 11am-1pm	449521 449521 449521
T/aco Rosalee's Pizzeria		Oct 22, 10:30am-1:30pm	
		Nov 19, 11am-1pm	
The Yellow Deli		Dec 17, Tue, 10:30am-1:30pm	149521
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave		k Ave
Fee:	\$5 resident/\$6 non-resident		

# **SCOPE: Community Outing**

Join SCOPE out in the community! This program provides the opportunity to develop a variety of important social and life skills, find new hobbies and interests, and have fun connecting with others in a new environment. Prices vary based on the community outing destination. "scope"

Lil' Buckaroo's Petting Zoo	Oct 7, Mon, 10:30am-1:30pm
Leaf Peeping at Mud Lake	Sept 23, Mon, 8am-12pm
The Bee Hugger Farm	Sept 17, Tue, 10:30am-1:30pm
10 & up:	449514

# **SCOPE: Bowling**

Join us at Centennial Lanes to enjoy a fun and exciting leisure activity or prepare for the Special Olympics Bowling Tournament in the Fall. Each bowler participates at their own pace and should have a basic knowledge of bowling. An additional fee of \$2 will be collected from each bowler per week.

12 & up:	Sept 12-Oct 17, Thurs, 3-4pm	449100
	Oct 24-Dec 12, Thurs, 3-4pm	449100
Location:	Centennial Bowling, 110 E 9th Ave	
Fee:	\$20 resident/\$25 non-resident	

# **SCOPE: Volleyball**

This program offers instruction and training in Special Olympics Volleyball Unified team competition.

11 & up:	Sept 10-Nov 12, Tue, 6:15-7:15pm	449110
Location:	St Vrain Memorial Bldg, 700 Longs Pe	eak Ave
Fee:	\$20 resident/\$25 non-resident	

# **SCOPE: Pickleball**

Come try pickleball with SCOPE! Pickleball is a combination of badminton, ping-pong, and tennis. It's played with a whiffle ball on a short tennis court. It's fun, social, and easy to learn making it one of the nation's fastest growing sports! Learn the basics of the sport while meeting new friends! Equipment is provided. "scope"

10 & up:	Tue, 4:30-5:30pm		449511   149511
	Sept 17   Oct 1	5   Nov 19	Dec 17
Location:	Longmont Recreation Center, 310 Quail Rd		
Fee:	\$12 resident/\$1	5 non-resi	dent





# **GENERAL INTEREST**

# **DANCE DIMENSIONS**

# **Tiny Tutus**

This class is a wonderful introductory dance experience for the very young student. Creative movement and basic technique will provide confidence, coordination, strength and fun! Students are asked to wear ballet shoes and appropriate dress. \*No class Nov 29. "tutus"

3 yrs:	Sept 13-Oct 25, Fri, 9-9:45am	444500
	Nov 1-Dec 13*, Fri, 9-9:45am	444500
Location:	Dance Dimensions, 638 Main St	
Fee:	\$81 resident/\$101.25 non-resident	

# Pre-Ballet & Tap

This class will introduce students to the basic techniques of tap and ballet, as well as rhythm and coordination. Tap shoes and ballet shoes are necessary, as well as appropriate apparel.

\*No class Nov 29.

"ballet"

4-5 yrs:	Sept 13-Oct 25, Fri, 10:45-11:30am	444501
	Nov 1-Dec 13*, Fri, 10:45-11:30am	444501
Location:	Dance Dimensions, 638 Main St	
Fee:	\$81 resident/\$101.25 non-resident	

# **Pre-Ballet & Tumbling**

A highly recommended, energetic class for the beginning of dance technique for the young student. Basic tumbling, ballet technique and creative movement will be the emphasis of this class. Ballet shoes and appropriate attire needed for class. \*No class Nov 29. "ballet"

444502 444502

4-5 yrs:	Sept 13-Oct 25, Fri, 9:50-10:40am
	Nov 1-Dec 13*, Fri, 9:50-10:40am
Location:	Dance Dimensions, 638 Main St
Fee:	\$81 resident/\$101.25 non-resident

# **Lil Dancing Dynamites**

Do you have a little one that LOVES music and can't sit still when they hear the rhythm? Then this is the class for them! Come and enjoy this high energy, introductory class to various styles of music and dance. \*No class Nov 27. "dynamites"

4-6 yrs:	Sept 11-Oct 30, Wed, 4:30-5:30pm	444503
	Nov 6-Dec 18*, Wed, 4:30-5:30pm	444503
Instructor:	Dance Dimensions	
Location:	St Vrain Memorial Bldg, 700 Long Peak Ave	
Fee:	\$81 resident/\$101.25 non-resident	

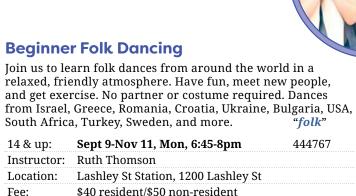
# **Kids Hip Hop**

This class is the perfect one of those energetic young dancers who love to move. A fun and easy-paced experience! This is a great introduction to dance for BOYS! Inexpensive white soled tennis shoes not worn on the street are required.

\*No class Nov 27.

"hip"

6-9 yrs:	Sept 11-Oct 30, Wed, 5:30-6:30pm	444605
	Nov 6-Dec 18*, Wed, 5:30-6:30pm	444605
Instructor:	Dance Dimensions	
Location:	St Vrain Memorial Bldg, 700 Long Peak Ave	
Fee:	\$81 resident/\$101.25 non-resident	





# **GENERAL INTEREST**



# **CENTENNIAL STATE BALLET**

# **Beginning Ballet**

Beginning ballet classes prepare students to continue recreationally or enter our Ballet Program. Through imaginative play and dance, students learn the joy of dancing with correct alignment, knowledge of vocabulary, and freedom of movement. \*No class Nov 25 or 29. "ballet"

5-7 yrs:	Aug 23-Dec 13*, Fri, 4:45-5:45pm	444611
8-10 yrs:	Aug 19-Dec 9*, Mon, 4:00-5:00pm	444611
Location:	Centennial State Ballet School, 350 To	erry St
Fee:	\$340 resident/\$425 non-resident	

# **Teen & Adult Tap**

Tap focuses on rhythms and patterns in footwork, emphasizing technique, personal style, and clear sounds. Classes cover styles from Broadway to Rhythm tap. Ideal for dancers who enjoy rhythm, precision, and creativity. Students learn beats, patterns, and choreography. \*No class Nov 26. "tap"

13 & up:	Aug 20-Dec 10*, Tue, 5-6pm	444612
Location:	Centennial State Ballet School, 350	Terry St
Fee:	\$340 resident/\$425 non-resident	

# **Ballet & Tap Combination**

A fun and engaging introduction to ballet and tap through music and play. \* No class Nov 26. "ballet"

3-4 yrs:	Aug 20-Dec 10*, Tue, 4-5pm	444613
	Aug 24-Dec 14, Sat, 4-5pm	444613
Location:	Centennial State Ballet School, 350	Terry St
Fee:	\$340 resident/\$425 non-resident	

### **Aerial Classes**

Dance in the air with a combination of aerial silks and circus arts, with a focus on Lyra and on Silks. Climbs, foot-wraps, knee-hooks and inversions will condition, challenge and engage the whole body. \*No class Nov 30. "aerial"

5 & up:	Aug 25-Dec 15*	Sundays 444614	
5-7 yrs:	Kids Aerial	1-2pm	
8-10 yrs:	<b>Youth Aerial</b>	12-1pm	
11-14 yrs:	Teen Aerial	11am-12pm	
15 & up:	Adult Aerial	10-11am	
Location:	Centennial State Ballet School, 350 Terry St		
Fee:	\$420 resident/\$525 non-resident		

# Teen & Adult Yoga

Classes are healing, therapeutic, calming, and rejuvenating in a safe, friendly, non-competitive environment. People are encouraged to "be" rather than "do" yoga, letting benefits come on their terms. Taught by Urszula Bunting. \*No class Nov 27.

15 & up:	Aug 21-Dec 11*, Wed, 5:45-6:45pm	444610	
Location:	Centennial State Ballet School, 350 Te	rry St	
Fee:	\$340 resident/\$425 non-resident		

# **Senior Movement Class**

This gentle session is just for seniors and will improve your posture, flexibility, strength, balance, and musicality. Starting with ballet basics. Use of chairs and barre. Class are structured to fit the students' abilities. \*No class Nov 25.

60 & up:	Aug 19-Dec 9*, Mon, 3-4pm	444615
Location:	Centennial State Ballet School, 350 Te	rry St
Fee:	\$305 resident/\$381.25 non-resident	

# **GENERAL INTEREST**



# **Parenting Class and Playgroup**

Join our weekly parent class and playgroup led by a trained Montessori and REI guide. Explore safe materials for your child while discussing parenting topics like styles, routines, development, and attachment. Gain community and support through all stages of parenting. "parenting"

0-1 yr:	Thurs, 12-1:30pm	445321
	Sept 5-Oct 3   Oct 10-Nov 7   N	ov 14-Dec 19
Instructor:	Tracy Allen	
Location:	St Vrain Memorial Bldg, 700 Lo	ng Peak Ave
Fee:	\$75 resident/\$93.75 non-reside	nt

# **Fitness Fun For Tots!**

Move, explore, learn, and play! It's the Amazing Athletes JumpBunch way! In this action-packed program your child will be introduced to a variety of sports, fitness & movement-based activities specifically designed to support their growth & development. "jumpbunch"

1.5-3 yrs:	Sept 3-Oct 29, Tue, 4-4:40pm	445214
	Nov 5-Dec 17, Tue, 4-4:40pm	445214
Instructor:	Amazing Athletes JumpBunch	
Location:	St Vrain Memorial Bldg, 700 Long F	Peak Ave
Fee:	\$84 resident/\$105 non-resident	

# Sports, Fitness & Fun!

Amazing Athletes JumpBunch sets kids on a path to an active lifestyle by teaching sports, health, and nutrition basics. Our fun, non-competitive program uses age-specific lesson plans to build confidence through skill reinforcement and positive first-sport experiences.

3-7 yrs:	Sept 3-Oct 29, Tue, 4:45-5:30pm	445213
	Nov 5-Dec 17, Tue, 4:45-5:30pm	445213
Instructor:	Amazing Athletes JumpBunch	
Location:	St Vrain Memorial Bldg, 700 Long Pe	ak Ave
Fee:	\$84 resident/\$105 non-resident	

# **Preschool Yoga Storytime**

Stretch, move, and balance while immersing yourself in imaginative storytelling. Peggy's 25 years of teaching blend children's literature with yoga and mindfulness practices, bringing favorite stories to life! Cost includes one child and one parent/guardian/carer. "storytime"

2.5-5 yrs:	Tues, 10-10:45am	445322	
	Sessions: Sept 3-24   Oct 1-22  Nov 5-26		
Instructor:	Peggy Richard		
Location:	St Vrain Memorial Bldg, 700 Lo	ng Peak Ave	
Fee:	\$65 resident/\$81.25 non-residen	ıt	

# **Music Together**

Music Together is an early childhood music program for infants, toddlers, and preschoolers with parent or caregiver participation. Classes feature singing, movement activities, and instrumental jam sessions. Siblings under 1 year attend free. Instructor fee of \$43 due at the first class.



0-4 yrs:	Sept 11-Nov 13, Wed, 9:30-10:15am	445352
Instructor:	Rhonda Ritter	
Location:	zaak Walton Clubhouse, 18 S Sunset	
Fee:	\$174 resident/\$217.50 non-resident	
	+ \$43 instructor fee	

# **Fun & Folk Songs**

Join our 9-week music workshop for mixed ages, babies through 5 years, and caregivers. Explore rhythm, pitch, harmony, and cultural context through dance and art from around the world. Drop-ins welcome, \$25. Siblings under 8 months or over 6 years old are free. Contact info@integralsteps.org.

0-5 yrs:	Sept 13-Nov 8, Fri, 11:15am-12pm	445153
Instructor:	Integral Steps	
Location:	Lashley St Station, 1200 Lashley St	
Fee:	\$180 resident/\$225 non-resident	





# **YOUTH & ADULT**

### **Kids Night Out: Art & Dance Parties**

Parents' night out! Dandelion Arts Collective offers an evening of creative arts activities focused on health and well-being. Enjoy movement games, art projects, and a dance party. Drop-off starts at 4:45 pm; join us for the dance party from 7-7:30pm. Snacks/picnic dinner needed. "Art"

5-9 yrs:	Sept 27, Fri, 4:45-7:30pm	444625
	Nov 1, Fri, 4:45-7:30pm	444625
Instructor:	Mimi/Dandelion Arts Collective	
Location:	St Vrain Memorial Bldg, 700 Long P	eak Ave
Fee:	\$30 resident/\$37.50 non-resident	

# Tween Yoga & Relaxation

This class is specifically designed for tweenagers! An ideal beginning level course, it introduces basic breath work, asana (postures), and meditation skills.

"tween"
---------

"magic"

Tue, 4:30-5:15pm	445323
Sessions: Sept 3-24   Oct 1-22   N	Nov 5-26
Peggy Richard	
St Vrain Memorial Bldg, 700 Lon	ıg Peak Ave
\$65 resident/\$81.25 non-resider	nt
	Sessions: Sept 3-24   Oct 1-22   Peggy Richard St Vrain Memorial Bldg, 700 Lor

# Halloween LEGO® Workshop

Get out your decorations and get ready for trick-or-treaters! Build spooky ghosts and other moving decorations, learning about gear drives and other engineering concepts along the way. With tens of thousands of LEGO® bricks, we know your Halloween display will be simply "gourd-geous"! "lego"

6-11 yrs:	Oct 25, Fri, 4-5:30pm 44	16186
Instructor:	Play-Well TEKnologies	
Location:	St Vrain Memorial Bldg, 700 Longs Peak A	ve
Fee:	\$30 resident/\$37.50 non-resident	

# Minecraft LEGO® Engineering

Bring your favorite
Minecraft adventures
to life. In a Minecraft
world powered by LEGO®
resources, build shelters
to keep out Creepers, craft
mystical items that only true
masters can wield, and perfect
our crossbow skills to stop the
Wither from taking over!



"lego"

6-11 yrs:	Nov 15, Fri, 4-5:30pm	446186
Instructor:	Play-Well TEKnologies	
Location:	St Vrain Memorial Bldg, 700 Longs Pe	eak Ave
Fee:	\$30 resident/\$37.50 non-resident	

### **A Course in Magic**

Learn the techniques of presenting magical effects, exploring their history and connections to mathematics, science, and psychology. Choose a magical effect to present and participate in a group magic show at the end of the session.

7 & up:	Sept 26-Oct 24, Thursdays	447107
7-12 yrs:	4-5pm	
13 & up:	5:30-6:30pm	
Instructor:	Mark Kraynork	
Location:	St Vrain Memorial Bldg, 700 Long	Peak Ave
Fee:	\$225 resident/\$281.25 non-residen	nt

# Halloween Cupcake Decorating

Learn to decorate freshly
baked cupcakes using sugar
fondant and craft tools to create
Halloween-themed designs like
Jack O'Lanterns, ghosts, and
spiders. Leave with 6 beautifully
decorated cupcakes; no experience
needed. \$10 material fee covers all
supplies; no refunds for cancellations
within 48 hours. "cuncake"

Within 10 hours.		сирсикс	
6 & up:	Oct 29, Tue, 4-6pm	446147	
Instructor:	Ellen Goetgeluck		
Location:	St Vrain Memorial Bl	dg, 700 Long Peak Ave	
Fee:	\$35 resident/\$43.75 n	on-resident + \$10 material fee	



### **Pine Needle Basket Weaving**

Create a small pine needle basket in this hands-on class using pine needles and waxed polyester cord. Learn coiling techniques with provided materials. Day one includes an introduction and starting baskets; day two focuses on mastering techniques and completing your project. "weaving"

8 & up:	Oct 5 & 6, Sat & Sun, 10am-1pm	447430
Instructor:	Emily Erickson	
Location:	Izaak Walton Clubhouse, 18 S Sunset	
Fee:	\$40 resident/\$50 non-resident	

#### Flower Macraweave

Discover the art of macraweave—macramé and weaving combined. Craft a wall hanging with macramé knots on the first evening and weave flowers, leaves, and more on the second. \$15 material fee covers all supplies; no refunds for cancellations within 48 hours of class. "macraweave"

12 & up:	Sept 9-10, Mon & Tue, 5-7pm	447474
Instructor:	Ellen Goetgeluck	
Location:	Callahan House, 312 Terry St	
Fee:	\$70 resident/\$87.50 non-resident +	\$15 material fee

### **Macrame Wall Hanging**

Explore macramé knots, patterns, and techniques to craft a unique wall hanging. Take home a boho-inspired piece to add warmth and texture to any room. \$15 material fee covers all supplies. "macrame"

12 & up:	Oct 8, Tue, 5-7:30pm	447478
Instructor:	Ellen Goetgeluck	
Location:	Callahan House, 312 Terry St	
Fee:	\$40 resident/\$50 non-resident + \$1	5 material fee

#### **Drumming**

Drumming is a universal activity that can be enjoyed by everyone regardless of age, origin, talent, or ability. It is all inclusive and unites us with one common thread – The Love of The Beat! Check us out at letsdrumnow.com. \*No class Oct 12 "drumming"

Sept 7-28	Nov 2-23	\$60 resident/\$75 non-resident
Oct 5-2   De	ec 7-21	\$45 resident/\$56.25 non-resident
Instructor:	Djembe jive	LLC Nancy Brauhn Curnes
Location:	Lashley St S	tation, 1200 Lashley St
Fee:		

#### **Beginner Drumming**

No experience needed; drums and percussion instruments provided.

9 & up: <b>Sat, 9-10am</b>	447330
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#### **Advanced Beginner Drumming**

Build your skill level and repertoire of learned rhythms. This class is for those who have completed Beginning Drumming or has permission from the instructor.

9 & up:	Sat. 10:15-11:15am	447331
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#### **Intermediate Drumming**

This is a performing group (performance not mandatory). Pre-requisite: Instructor approval required.

9 & up: Sat, 11:30am-12:30pm 447354



# Watercolor **Mushrooms & Doodles**

Create whimsical mushroom cards using watercolor techniques and pen doodles in this fun, beginner-friendly class. Perfect for art enthusiasts unsure what to paint. \$10 material fee due at class; all supplies provided. No refunds for cancellations within 48 hours.

#### "watercolor"

14 & up:	Sept 26, Thurs, 5-7:30pm	447480
Instructor:	Ellen Goetgeluck	
Location:	Callahan House, 312 Terry St	
Fee:	\$35 resident/\$43.75 non-resident +	\$10 material fee

Winter Watercolor & Doodles

Get festive with holiday-themed card making featuring

winter designs. Learn watercolor

techniques and add pen doodles to finish your creations in this welcoming class for all skill levels. \$10 material fee due at class; all supplies provided. No refunds within 48 hours.

"watercolor"

14 & up:	Dec 5, Thurs, 5-7:30pm	447482
Instructor:	Ellen Goetgeluck	
Location:	Callahan House, 312 Terry St	
Fee:	\$35 resident/\$43.75 non-resident + \$3	10 material fee



### **Art with Recyclables**

	propriate, process-focused using recyclables!	"art"
7-12 yrs:	Sept 14, Sat, 9-11am	444334
	Oct 12, Sat, 9-11am	444334
	Nov 9, Sat, 9-11am	444334
Instructor:	Jennifer Alford	
Location:	St Vrain Memorial Bldg, 700 Long Peak Ave	
Fee:	\$20 resident/\$25 non-resident	

### **Four Hands Pottery**

Spend quality time with a child creating unique clay projects using slab-rolling, pinch pots, and coiling techniques.

Registration fee is per group of 2 (register only the child).

Material fee payable to instructor on the first day of class.

"pottery"

Mon, 5:30-8:30pm	447444
Sept 9-23*   Oct 21-Nov 11   Nov 25-Dec 9	
Susan Bala	
St Vrain Memorial Bldg, 700 Long	g Peak Ave
\$150 resident/\$187.50 non-resider + \$40 material fee	nt
\$200 resident/\$250 non-resident + \$50 material fee	
	Sept 9-23*   Oct 21-Nov 11   Nov Susan Bala St Vrain Memorial Bldg, 700 Long \$150 resident/\$187.50 non-resider + \$40 material fee \$200 resident/\$250 non-resident



# **SCHOOL BREAK CAMPS & PROGRAMS**



# Macramé Holiday Gifts

Join us to learn macramé knots and craft adorable ornaments for your tree—perfect gifts for loved ones. Create a Santa, snowflake, and Christmas tree. \$15 material fee covers all supplies; no refunds for cancellations within 48 hours of class. "sew"

12 & up:	Nov 25, Mon, 5-7pm	447477
Instructor:	Ellen Goetgeluck	
Location:	Callahan House, 312 Terry St	
Fee:	\$30 resident/\$37.50 non-resident	+ \$15 material fee

# **Sewing-Halloween Pillow**

Create a spooktacular Halloween creature by appliquéing fabric onto a basic square. Choose from ghosts, pumpkins, monsters, and more. Perfect for learning or refreshing sewing skills. All materials and machines provided; feel free to bring your own. Instructor ensures enough supplies for all.

"sew"

9 & up:	Oct 12, Sat, 9am-12pm	446151
Instructor:	Cathy Georgerian	
Location:	St Vrain Memorial Bldg, 700 Long	Peak Ave
Fee:	\$35 resident/\$43.75 non-resident	

# **Holiday Robotics & Take-Home Builds**

Join us for festive fun! Students collaborate to build holidaythemed robotic models, play games with their creations, and learn robotics basics. Take home festive builds and create lasting holiday memories beyond the season! "robotics"

5-12 yrs:	Nov 25-27, Mon-Wed, 9am-12pm	446196
Instructor:	Snapology	
Location:	St Vrain Memorial Bldg, 700 Long Pea	k Ave
Fee:	\$175 resident/\$218.75 non-resident	

# Kidcreate Thanksgiving Craft Party

Need more time to stuff the turkey?
Sign up your kids for art fun while you finish cooking.
They'll create a turkey decoration perfect for your Thanksgiving table. Great for siblings!
Please pack a nut-free snack and drink for your child.



"kidcreate"

4-9 yrs:	Nov 25-27, Mon-Wed, 1-4pm	444333
Instructor:	Cheyenne Carroll	
Location:	St Vrain Memorial Bldg, 700 Lon	g Peak Ave
Fee:	\$175 resident/\$218.75 non-reside	ent



### **Date Night Pottery**

Spend date night creating clay masterpieces with slabs, pinch pots, and coiling techniques. Enjoy this fun event and meet other couples! Registration fee is per couple, with a \$50 material fee due at the first class.

18 & up:	Sept 4-25, Wed, 5:30-8:30pm	446400
	Oct 23-Nov 13, Wed, 5:30-8:30pm	446400
	Nov 27-Dec 18, Wed, 5:30-8:30pm	446400

Instructor: Susan Bala

Location: St Vrain Memorial Bldg, 700 Long Peak Ave

Couple Fee: \$200 resident/\$250 non-resident + \$50 material fee

### **Stained Glass Beginner Foil**

No experience needed. Learn safety and basic tools for glass art, explore glass types, practice cutting, wrapping in copper foil, and soldering. Level 2 refines your skills in cutting inside curves and layering glass. Level 3 continues to progress your "glass"

No experience required. Create a simple leaf.		
Oct 12, Sat, 1-4:30pm	447352	
Requires Level 1. Create a char	rming owl.	
Nov 9, Sat, 1-4:30pm	447351	
Requires Level 2. Create a 6-pie	ece fish design.	
Aug 24, Sat, 1-5pm	347349	
Nov 23, Sat, 1-5pm	447353	
	Oct 12, Sat, 1-4:30pm  Requires Level 1. Create a char  Nov 9, Sat, 1-4:30pm  Requires Level 2. Create a 6-pic  Aug 24, Sat, 1-5pm	

Instructor: Jackie Jones-Bahr

Location: St Vrain Memorial Bldg, 700 Long Peak Ave

\$80 resident/\$100 non-resident Fee:



#### **Kidcreate Color Me Christmas**

Join our vibrant Christmas class to create sparkling snowflakes, colorful gingerbread houses, and bright decor. Immerse yourself in festive cheer and hues. Experience a technicolor Christmas with us! Please pack a nut-free snack and drink for your child each day. "kidcreate"

5-12 yrs:	Dec 23, Mon, 9am-12pm	444332
Instructor:	Cheyenne Carroll	
Location:	St Vrain Memorial Bldg, 700 Lon	g Peak Ave

\$60 resident/\$75 non-resident Fee:

# **Sewing-Quilt & Pillow Workshop**

Create a patchwork guilt and matching pillow using precut fabric blocks in bold prints and solids. Learn zipper installation, quilting techniques, and finishing touches. Instructor provides ample supplies; feel free to bring your own machine and supplies or borrow during class. "sew"

9 & up:	Dec 27-28, Fri & Sat, 9am-4pm	447470
Instructor:	Cathy Georgerian	
Location:	St Vrain Memorial Bldg, 700 Long Pe	eak Ave
Fee:	\$175 resident/\$209.75 non-resident	



Bundle up, we're creating a spectacular Winter Wonderland! Build bobsleds, design snowmobiles, and take a ride on the Polar Express. Explore your snowiest ideas and learn STEM concepts with tens of thousands of LEGO® pieces at your mitten-tips and the guidance of an experienced Play-Well instructor.

6-11 yrs:	Dec 23-27, Mon/Thurs/Fri, 9am-12pm 446186
Instructor:	Play-Well TEKnologies
Location:	Izaak Walton Clubhouse, 18 S Sunset
Fee:	\$120 resident/ \$150 non-resident



# **ENRICHMENT**

### **Murder Mystery Dinner at Callahan House**

Join us for a classic 1930's Hollywood "whodunnit", hosted by The Murder Mystery Co. Enjoy a 3-course dinner with drinks and entertainment. Dress up and be prepared to participate in the mystery as it unfolds. No refunds for cancellations within 30 days of event. Prime seating offers best views of actors and activities. "callahan"

21 & up:	Oct 18,	Fri, 6:30-10pm	407989
Location:	Callaha	n House, 312 Terry St	
Standard S	eating Fe	e:\$120 resident/\$150 non-re	S
Prime Seat	ing Fee:	\$135 resident/\$168.75 non-	-res

### **Soul Mate Astrology**

Discover the connecting features of the planets that draw us to others and how to find those bonds in the charts of your loved ones. Please bring a copy of your natal chart and your partner/child/friend; reach out to the instructor if you need assistance. "soul"

12 & up:	Nov 2, Sat, 1-2:30pm	447187
Instructor:	Mary Wallace	
Location:	St Vrain Memorial Bldg, 700 Long Peak Ave	
Fee:	\$25 resident/\$31.25 non-resident	

# **Guardian Angels & Spirit Guides**

This workshop explores the invisible 'Helpers' who appear in our lives when we need divine assistance. Learn practical guides and practices to invite and encourage these benevolent 'Beings' to play an active role in your life.

16 & up:	Sept 7, Sat, 1:30-4pm	447558
Instructor:	Dori Spence	
Location:	St Vrain Memorial Bldg, 700 Long Peak Ave	
Fee:	\$25 resident/\$31.25 non-resident	
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### **Haunting History of Longmont**

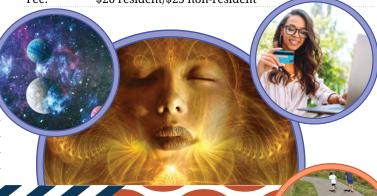
Explore Longmont's haunted history with Social Historian and Psychic/Medium, Dori Spence. Discover the stories of past residents and decide for yourself if their spirits linger. Bring photos of homes or buildings with paranormal activity for discussion.

16 & up:	Oct 26, Sat, 1:30-3:30pm	447163
Instructor:	Dori Spence	
Location:	St Vrain Memorial Bldg, 700 Long Pe	ak Ave
Fee:	\$25 resident/\$31.25 non-resident	

# Credit Cards, Money, and Debt for Young People

Learn practical topics like obtaining and using credit cards, getting a good credit score, and understanding basic economics. This course covers the value of money, budgeting, savings, and more, providing essential knowledge for lifelong financial management.

13-25 yrs:	Aug 31, Sat, 9-11am	346210
Instructor:	Mark Pabst	
Location:	St Vrain Memorial Bldg, 700 Lon	ıg Peak Ave
Fee:	\$20 resident/\$25 non-resident	



#### LOCAL SERVICE PROVIDERS

The City of Longmont Recreation staff strives to provide a broad spectrum of recreation and leisure opportunities for a wide range of ages, interests and abilities.

However, we also acknowledge that not every recreational interest is addressed in our program line up. With this in mind, we would encourage you to contact one or more of the other local providers that provide quality programs in the Longmont community.

A list of local service providers is available online at LongmontColorado.gov/rec on the sports page.

Every effort is made to provide accurate information. If you are a local service provider and would like to have your information included on the list, please send your information to RecSupport@LongmontColorado.gov.

#### **VOLUNTEERS MAKE IT POSSIBLE**

Divisions and departments across the City rely on the support of volunteers for a variety of projects and programs. Fall months have programs and events large and small. There are a wide range of ways to be involved in our community. Want a one-and-done commitment? Consider cheering on racers on the Longmont Turkey Trot Course. In for a multi-day, deeper community connection? Volunteer as a youth basketball or volleyball coach or as a swim instructor aide. Training is provided. More options exist!

We depend on YOU to help create this fantastic community.

If you are interested in contributing to our Longmont community and making Longmont the best it can be, visit our volunteer pages online at <a href="longmontcolorado.gov/volunteer">longmontcolorado.gov/volunteer</a>

#### Alive at 25

Alive at 25 is a driver's awareness course designed by the National Safety Council for young drivers. Designed to be an early intervention program, the class helps prevent traffic violations, collisions, and/



or fatalities. Registration is through Alive@25 on the website www.Aliveat25.us or at 720-269-4046

15-24 yrs:	Saturdays, times vary	
Dates:	Aug 17   Sept 28   Oct 19   Nov 16   Dec 21	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$39 driver permit/\$79 court ordered	

# **Will Maker Legal Seminar**

Complete a will, financial power of attorney, and medical directive in one session with attorney Rebecca L. Bennetti. Includes materials, witnessing, notarizing, individual review, and Q&A. Couples need separate wills. \$30 materials fee due at class start.

18 & up:	Sept 24, Tue, 5-9pm	447120
	Oct 2, Wed, 5-9pm	447120
	Nov 6, Wed, 12:30-4:30pm	447120
	Dec 17, Tue, 12:30-4:30pm	447120
Instructor:	Rebecca L. Bennetti	
Location:	St Vrain Memorial Bldg, 700 Long Peak Ave	
Fee:	\$130 resident/\$162.50 non-resident + material fee	

# **Fundamentals** of Real Estate **Investing**

Learn to buy homes at foreclosure sales. manage bidding, financing, explore 1031 exchanges, reverse exchanges, tax strategies, and more! Gain independence in cash flow investments like mini storages and assisted living homes with expert Jim Flint, CRS. \$20 material fee due at class. "investing"

21 & up:	Sept 17, Tue, 6-9pm	447121
Instructor:	Jim Flint, Better Way Realty	
Location:	St Vrain Memorial Bldg, 700 Long Peak	. Ave
Fee:	\$20 resident/\$25 non-resident + \$20 ma	aterial fee

### **Managing Your Rental Properties**

Taught by Jim Flint, CRS, with 40+ years in Denver investment real estate, and Dan Hagstrom. Learn tenant screening, eviction procedures, property maintenance, and Fair Housing Laws. Discuss professional property management and review a lease. \$20 material fee due at class.

21 & up:	Sept 19, Thurs, 6-9pm	447126
Instructor:	Jim Flint, Better Way Realty	
Location:	St Vrain Memorial Bldg, 700 Long Peak Ave	
Fee:	\$20 resident/\$25 non-resident + \$2	20 material fee



# **SPONSORSHIPS** AND LONGMONT RECREATION

We believe that how we engage in play profoundly impacts our well-being and enriches our lives. By partnering with organizations like yours, we can provide our community with valuable opportunities to play and thrive.

From community-wide events to diverse programs for all ages, we create spaces where fun flourishes. Reach out to discover how a Recreation Sponsorship can not only support your business and marketing goals but also strengthen our Longmont community.

Interested in exploring partnership opportunities? Email sam.calhoon@longmontcolorado.gov or call Sam at 303-774-4694.

# **OUTDOOR**



### **Fly Fishing with Angles Sports**

This introductory class is for all ages and skill levels interested in fly fishing. Learn a full basic knowledge of the sport and gear needed. In the full-day class, learn basic casting skills.

16 & up:	Saturday	"fish"
Half-Day F	ly Fish: Sept 14, 8am-12pm	447714
Fee:	\$65 resident/\$81.25 non-resident	
Full-Day F	ly Fish: Sept 7, 8am-4:30pm	447718
	Oct 5, 8am-4:30pm	447718
Fee:	\$100 resident/\$125 non-resident	
Location:	Angles Sports, 463 Main St	

#### Hike and Draw... Beneath the Flatirons

Explore inspiration on Boulder's OSMP trails with the iconic Flatirons as backdrop. Learn drawing techniques and apply visual elements like shape, light, and color. Naturalist Suzanne Michot interprets the surroundings, discussing flora, wildlife, geology, and history. Lisa Michot provides art instruction; no prior experience needed. "hike"

18 & up:	Oct 5, Sat, 1-4pm	447941
Location:	Chautauqua Dining Hall, 900 B	aseline Rd
Fee:	\$35 resident/\$43.75 non-reside	nt

### **Evening Hike to Woods Quarry**

Join naturalist Suzanne Michot on a hike to Woods Quarry, a historic Lyons sandstone quarry in Boulder's OSMP. Discover local plants, animals, and the quarry's geology and history. The 3-mile round trip has a 700-foot elevation gain. Wear sturdy shoes, bring rain gear, and a snack. "hike"

18 & up:	Sept 10, Tue, 5:30-7:30pm	447942
Location:	Chautauqua Dining Hall, 900 Base	line Rd
Fee:	\$20.50 resident/\$25.75 non-reside	nt

# **Flatirons History Hike**

Join naturalist Suzanne Michot on a guided hike beneath the Flatirons, exploring history, traditions, and geology. Wear sturdy shoes, bring water, snacks, and rain gear. Approx. 3 miles with 700 feet elevation gain. "hike"

18 & up:	Nov 2, Sat, 1:30-3:30pm	447943
Location:	Chautauqua Dining Hall, 900 Bas	seline Rd
Fee:	\$20.50 resident/\$25.75 non-resident	ent

# **Sanitas History Hike!**

Join naturalist Suzanne Michot on a hike exploring Sanitas' follies, falcons, flakes, and formations. Discover Boulder's Park history, traditions, and geology over three rocky miles with a 500-foot elevation gain. Wear sturdy shoes, bring water. No pets, please. "hike"

18 & up:	Sept 19, Thurs, 5-7:15pm	447945
Location:	Centennial Trailhead, 501 Sunshi	ne Cyn Dr
Fee:	\$20 resident/\$25 non-resident	

### **DIY Landscape for Beginners**

Perfect for beginners and budget-conscious enthusiasts, the session covers landscape design fundamentals, plant selection, hardscape, efficient watering, and insights on common design mistakes. Learn practical tips to help create a successful garden or landscape. There will be time for questions after the presentation. "landscape"

18 & up:	Oct 26, Sat, 1-3pm	447952
Instructor:	Susan Crocker	
Location:	St Vrain Memorial Bldg, 700 Long Pe	ak Ave
Fee:	\$25 resident/\$31.25 non-resident	

# **GOLF**







#### GOLF LONGMONT www.golflongmont.com

Three Great Municipal Courses, One Extraordinary Experience

- » Sunset Golf Course
- » Twin Peaks Golf Course
- » Ute Creek Golf Course



Sunset Golf Course 303-651-8466 1900 Longs Peak Ave



Twin Peaks Golf Course 303-651-8401 1200 Cornell Drive



Ute Creek Golf Course 303-774-4342 2000 Ute Creek Drive

# Visit GolfLongmont.com

- » Book Tee Times
- » Golf Instruction
- » Association, Leagues& Tournaments



# SENIOR SERVICES



### SENIOR SERVICES 910 Longs Peak Ave | 303-651-8411

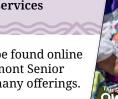
Offering recreation, informational programs, resource guidance, and services for those 55 years plus and their family caregivers.

Office Hours: Monday-Thursday: 8 am-8 pm

Friday: 8 am-5 pm Saturday: 8 am-Noon

Closed: Sept 2, Nov 28-30, Dec 25

email: senior@LongmontColorado.gov LongmontColorado.gov/senior-services



"GO" Catalog and Resource Guide with over 60 pages of activities and information can be found online at <a href="https://www.LongmontColorado.gov/senior-services">www.LongmontColorado.gov/senior-services</a> or you may pick one up at the Longmont Senior Center or recreation centers and the library. Items listed below are just a few of the many offerings.

The catalog includes more complete information about the programs listed here. Please register in advance for all programs, classes, events, and trips.

# RESOURCES AND SUPPORTIVE SERVICES

Senior Services Division staff provides information and referral to older adults and caregivers of older persons regarding a wide array of resources and services including; housing, in home services, financial support programs, and many others.

Professional counseling staff and peer support volunteers provide one on one and group support.

Resource staff: Veronica Garcia at 303-651-8716 or

**Amy Payan** at 303-774-4372 **Melissa Losino** at 303-651-8654

Counseling staff: **Brandy Queen** at 303-651-8414

**Kayleigh Schernbeck** at 303-774-4497

# **PROGRAMS & ACTIVITIES**

#### **Deck the Halls**

It's time to light up the Longmont Senior Center with our 2nd annual Deck the Halls event! If you are a part of a Senior Center group, a local business, family, or individual bring in your tree and decorate it with a theme to be voted on by our aging community. After registration closes on Nov 20, registered participants will receive communication on tree set up to take place Nov 22-27. Participants are responsible for tree set up, decorating, and take down. The Longmont Senior Center will provide power for your tree.

#### Registration Deadline: Nov 20, Wed

Location: Longmont Senior Center, 910 Longs Peak Ave Fee: Free! To register your groups' tree please

contact Amy at 303-651-8495 or email amy.hodge@longmontcolordo.gov

### **Caregiver Stress and Burnout**

Caregiving can be difficult, tiring, and wearing. Brenda Gurung will share several tools to manage stress and burnout - to keep organized, to identify resources and help, and to transform your caregiving work. "caregiver"

18 & up:	Oct 12, Sat, 10-11am	485161
	Oct 14, Mon, 4-5pm	485161
Location:	Longmont Senior Center, 910	Longs Peak Ave
Fee:	Free, please register in advar	ıce

### **Native American Heritage Month**

Celebrate Native American Heritage Month with traditional food, dancing, games, and storytelling. Enjoy authentic fry bread, watch vibrant tribal dances and drumming, participate in crafts, and listen to captivating stories that highlight the rich cultural heritage of Native American communities. Join us for an unforgettable experience!

18 & up:	Nov 2, Sat, 11am-4pm	483000
Location:	Longmont Senior Center,	910 Longs Peak Ave
Fee:	Free, please register in ac	lvance

#### **Canned Food Drive**

In December, now that our "Halls have been Decked" with an assortment of beautiful holiday tree decorations, come on in and vote for your favorite tree. To vote, bring non-perishable food items in and place them in the box that corresponds to your favorite tree. Items are counted throughout the event and all donations are sent to the Table of Hope Food Pantry. The winning tree will be announced during early January 2025.

#### **Display & Voting Dates: December 1-31**

Location: Longmont Senior Center, 910 Longs Peak Ave Fee: Free, vote with a non-perishable food item

Fall Trip Registration begins August 16 at the Senior Center from 3-5pm.

# LONGMONT PUBLIC LIBRARY





#### **LONGMONT PUBLIC LIBRARY**

409 4th Ave | 303-651-8470 | longmontcolorado.gov/library

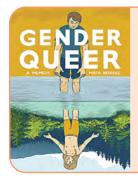
Sign up for a FREE Library card at bit.ly/Lib-Card

Serves our community by providing equal access to information and resources for education, enrichment, enlightenment and enjoyment.

Hours: Monday – Thursday: 9 am - 8 pm

Friday-Saturday: 9 am - 5 pm | Sunday: 1 - 5 pm

**Closed:** Sept 2, Nov 11, Nov 28, Nov 29, Dec 25



#### **BANNED BOOKS WEEK: SEPT 22-28**

Banned Books Week draws attention to the issue of censorship and how it can best be combated.

FEATURED EVENT: The Library @ the Museum: "The ABCs of Book Banning" Screening & Conversation

- 2:30-4pm on Sunday, Sept 29 | Longmont Museum, 400 Quail Road
- FREE to attend; registration required at bit.ly/LibAdults or by calling 303-651-8472

In honor of Banned Books Week, we're screening the 2024 Academy Award Nominee for Best Short Film, The ABCS of Book Banning; followed by Books on the Chopping Block: a selection of readings from the top ten most frequently challenged books of 2023 presented by Outlaw Production Collective. We'll cap the afternoon with a panel discussion featuring librarians on the front lines of censorship in Colorado.

# FREE DROP-IN STORYTIMES

At storytime, caretakers and children will have fun, build community, develop early literacy and language skills, prepare for school readiness and life-long learning, and explore play and social emotional activities.

10-10:30am Mondays	Bilingual Storytime Cuentos Bilingües
10-10:20am Tuesdays	Toddler Storytime
10-10:20am Wednesdays	Baby Storytime
Thursdays	Yoga Storytime (10-10:30am) or Craft Storytime (10-11am)
10-10:30am Fridays	Family Storytime
11-11:30am Saturdays	Weekend Family Storytime

# FREE DROP-IN PROGRAMS FOR ADULTS

**COMPUTER & TECH PROGRAMS:** 6:30-7:30pm 2nd & 4th Tuesdays; A new topic will be taught each session such as Intro to ChatGPT, computer basics, Q&As, and a semi-annual Cocoa & Craft afternoon (2-4pm on Friday, Dec 6).

MONDAYS: Writers Group: 6-7:30pm;

Second Mondays Book Group: 6-7:30pm 2nd Mondays

TUESDAYS: Chess Night: 5:30-7:30pm THURSDAYS: ¡Hablemos! Let's Talk!

**Spanish Conversation Group**: 1-2pm; **First Thursdays Book Group**: 2-3:30pm 1st Thursdays

SATURDAYS:

"Say Hello!" English Conversation Group: 10:30-11:30 am;

Genealogy Basics: 10 am-noon last Saturdays

#### **3RD ANNUAL THING IN A JAR CONTEST**

Hand-in creations Oct 17-23 | On display Oct 24 - 31 Enter your jar for a chance to win a prize: 1 children's, 1 tween, 1 adult and 1 for all ages.

For this contest, you will be making a "preserved" specimen jar. Your specimen can be any creepy creation, be it a critter from something you have read or are currently reading, or something straight out of your imagination!



#### WINTERTIME READING BINGO CHALLENGE

**Dec 20 – Jan 5 | For patrons birth – 12th graders**Have fun over Winter Break by reading and sharing books together to earn a fun prize!

Dec 20 – Jan 31
For adult patrons: Read and win! Get to know new authors and titles and win prizes. Grab your BINGO card in the Library or online at bit.ly/LibAdults.



#### FREE TUTOR.COM SERVICES

bit.ly/LibraryTutors | 3-10 pm every day online!

On-demand tutoring, homework help, test prep and writing assistance for K-12 students in more than 200 subjects.



# **LONGMONT MUSEUM**



#### **LONGMONT MUSEUM**

400 Quail Road | Longmont CO 80501 | 303-651-8374 | longmontmuseum.org

**Hours**: Monday-Saturday, 9am-5pm | Sunday 1pm-5pm **Additional Evening Hours**: Thurs, 5pm-9pm, Sept 5-Dec 10

Closed: Sept 2, Nov 28, Dec 25 & Jan 1. Closing at 1pm on Nov 27, Dec 24 & Dec 31

General Admission: \$8 adults, \$5 students/seniors (62+), children 3 & under free
Only \$0.25 with a qualifying EBT or SNAP card

Free admission on the second Saturday of every month

# **EXHIBITIONS**

### **Build: Design & Create with LEGO!**

#### Through January 12, 2025

Join the Museum for "Build: Design & Create with LEGO!," a hands-on exhibit that is captivating guests of all ages. Build and race a LEGO car, tackle an architectural challenge, save the world with a wondrous invention, or explore and play as far as your imagination takes you. Whether you're a seasoned LEGO enthusiast or just discovering the magic of these iconic bricks, there's something for everyone to enjoy. The exhibit also showcases a gallery of intricate and imaginative custom LEGO creations crafted by talented regional artists.





#### Day of the Dead Exhibition & Celebration

#### October 12-November 5; free admission

Día de Muertos (Day of the Dead) is a time to celebrate our deceased loved ones. Attracting more than 6,000 people annually to the exhibit and programs and running since the year 2000, it's the longest standing Day of the Dead exhibition and celebration in Colorado.

- The Día de Muertos exhibition returns to the Museum's Swan Atrium this fall featuring ofrendas (altars) built by community members and the work of local artists.
- Like last year, the Día de Muertos Family Celebration street festival will include music and dance performances, art and craft activities, cultural education, delicious food, downtown business altars, and the Gigantes Procession.

Oct 12, Sat, 11am-3pm, at 4th Ave and Main St, Longmont

# KIDS PROGRAMS

#### **Discovery Days**

Discovery Days is an early childhood program that encourages children ages 2 to 6 and their parents or caregivers to engage together in educational, hands-on art, music, and movement activities. Attend a session that fits your schedule, no registration needed. \*No Oct 12, Nov 5, and Nov 26-30.

2 to 6 yrs:	Sept 3-Dec 14*: Tuesdays-Saturdays
Session 1:	9:15am
Session 2:	10:45am
Session 3:	1pm
Location:	Longmont Museum, 400 Quail Rd
Fee:	\$2.25 per person Museum members, \$2.50 nonmembers, no registration required

#### **Teen Craft & Create Club**

Teen Craft & Create is a weekly drop-in club dedicated to teenagers! Join us each Wednesday for craft activities and snacks. Each week we will explore a new activity such as collage, painting, fiber art, and free-choice art making time. This program is perfect for teens who want to explore their creative self. \*No Nov 27.

13-18 yrs:	Sept 4-Dec 11*, Wed, 3-5pm
Location:	Longmont Museum, 400 Quail Rd
Fee:	Free, suggested donation \$5, no registration required

### **ADULT PROGRAMS**

### Thursday Nights @ The Museum

Sept 5-Dec 12, beginning at 4 pm; prices vary

Spend your Thursday evenings at the Longmont Museum this fall for adult Art & Sip classes, exhibits, and film, live music, and conversations in our intimate 250-seat Stewart Auditorium. Whether you're looking for a place to unwind after work with a beer or glass of wine, create art, explore our newest exhibit, see a movie, catch a great band, or hear extraordinary people talk about issues of importance to Boulder County and beyond, we hope to see you at the Museum on a Thursday night this fall. Many of the programs complement our hands-on LEGO exhibit in our main gallery.

# **Adult Creative Exploration Series**

Join the Museum for a special 3-class series designed for adults to dive deeper into arts and crafts while building knowledge and skills in a variety of mediums and techniques.

18 & up:	Tuesdays, 9:30-11:30am		"museumadult"	
Intro to St	itching & Weaving:	Sept 10-24	494011	
Learn to S	ew:	Oct 8-22	494021	
Holiday G	ift Making:	Nov 5-19	494031	
Location:	Longmont Museum, 400 Quail Rd			
Fee:	\$150 per three-class series			

# FIRING RANGE & TRAINING CENTER



**Longmont Department of Public Safety Boulder County Sheriff's Office** Firing Range and Training Center





#### FIRING RANGE AND TRAINING CENTER

10916 County Rd 5 | 303-774-4587 or 303-774-4589 RangeSupport@LongmontColorado.gov LongmontColorado.gov/firingrange

#### Range Members hours of use:

Friday 6-9pm (for special events only; please check calendar) Saturday 8am-2pm | Sunday 8am-2pm









The Longmont Department of Public Safety and Boulder County Sheriff's Office Range is a great shooting and training facility. Used by Law Enforcement personnel during the week, the range is open specific weekend hours for public use by membership. The firing range features 10 shooting stations ranging from 3 to 100 yards with target retrievers controlled by the shooter.

One Sunday per month, August through November, shooting will be conducted from the 50/75/100 yard line for rifles only. See calendar for specifics or contact RangeSupport@longmont colorado.gov for information.

Member application process includes \$100 background check (non-refundable) and a range orientation class; upon completion of both you will able to choose one of six shooting plans. Members will have the ability to reserve a shooting lane and time. To start the application process, visit the website above.

# FIRING RANGE MEMBERSHIP PLANS

\$500/vear

Includes unlimited - 1 hr visits + unlimited paid guest visits

Plan A: Expert \$400/year

Includes 50 - 1 hr visits + unlimited paid guest visits

Plan B: Sharpshooter \$350/year

Includes 35 - 1 hr visits + unlimited paid guest visits

Plan C: Marksman \$250/year

Includes 25 - 1 hr visits + unlimited paid guest visits

Occasional Shooter \$ 200/year

Includes 12 - 1 hr visits + unlimited paid guest visits

\$20/per hour A La Carte

Unlimited number of visits + unlimited paid guest visits

\$35 annual renewal fee for A La Carte plan

Employees of the City of Longmont, Boulder County Sheriff's Office, retired law enforcement officers and retired military are eligible for a 20% discount on all membership plans (excludes A La Carte).

# **CLASSES AT THE FIRING RANGE**

All courses presented by professional instructors from the Longmont Department of Public Safety. For classes, bring own handgun, up to 100 rounds of ammunition, dual hearing protection and eye protection.

Once a month the range also provides a Ladies only basic and advanced firearms training class, a coed basic and advanced firearms training class, and a bowling pin challenge. Contact rangesupport@longmontcolorado.gov for more information.



# **Basic Handgun and Concealed Carry**

Are you a first time handgun owner or interested in getting training to apply for your concealed carry license? Learn how to safely store, carry, and shoot your handgun. This co-ed course is appropriate for all level of shooters. Gain valuable knowledge and skills of the shooting sport, fundamentals of marksmanship, reloads, and clearing malfunctions. This course exceeds state standards for concealed carry permit (CCW) requirements. CCW permits must be obtained in the county in which you reside.

18 & up:	Saturday, 8am-5pm		
	Aug 17	399201	
	Sept 21, Oct 19, Nov 16, or Dec 21	499201	
Fee:	\$130		

Rules and regulations will apply. For inquires or reservations, call 303-774-4589 or 303-774-4587 on Saturday or Sunday. Otherwise, leave a message.



# **CALLAHAN HOUSE**



#### **CALLAHAN HOUSE**

312 Terry Street | 303-776-5191 longmontcolorado.gov/callahan

Callahan House and Garden provides an intimate historic venue for your wedding or special event.



Contact the House Manager at callahan@longmontcolorado.gov to learn more.

#### **Open Houses:**

Take advantage of seasonal, themed open houses to explore the beauty and history of this historic home.

Club-A-Fair Open House: Aug 17, Sat, 10am-1pm
ArtWalk Open House: Sept 14, Sat, 4-8pm

Holiday Decor Open House: Dec 12, Thurs, 4:30-7:30pm

### **Weddings at Callahan House**

Enjoy the gracious elegance of a charming Victorian home for your special day! The blooming gardens with huge shade trees, historic fountain, and picturesque gazebo create a beautiful backdrop for your ceremony and reception. Packages and preferred vendor add-ons are available to make planning easy. Booking now for 2024, 2025, and 2026!

#### **Murder Mystery Dinner at Callahan House**

Enjoy an unforgettable night of mystery, intrigue, and even MURDER (gasp!) at the historic Callahan House; the perfect backdrop to immerse yourself in a Murder Mystery Dinner! Join us for a classic 1930's Hollywood "whodunnit", hosted by The Murder Mystery Co. Enjoy a 3-course dinner with drinks and entertainment. Dress in your best 1930's fashion and be prepared to participate in the mystery as it unfolds. No refunds for cancellations within 30 days of event. Prime seating offers best views of actors and activities. Tables seat 4-8 guests. You may be seated with another party. "callahan"

21 & up: Oct 18, Fri, 6:30-10pm 407989

Location: Callahan House, 312 Terry St
Standard Seating Fee: \$120 resident/\$150 non-resident
Prime Seating Fee: \$135 resident/\$168.75 non-resident

"I had the garden party wedding of my dreams, five minutes from home. Could not recommend the Callahan House & Garden more." - Rachel M., 2024 Bride

"Everything was taken care of. The Callahan House gave us a stress-free wedding and I couldn't be more thankful." - Will S., 2024 Groom



Historic charm, close to home. Learn more today.

longmontcolorado.gov/callahan



# PARTIES & RENTALS





#### Longmont Recreation Center, 310 Quail Rd

Enjoy exclusive use of one of our party rooms or poolside party space for your child's next birthday.

Fee includes entry for up to 10 people with use of facility before/after. Group rate admission required for parties over 10 people. Stop by or call 303-774-4800 for available days/times.

**Large Party Room**: Space for up to 20 | \$95 first hour/\$65 each

additional hour

**Poolside Party Space**: pool deck space reserved for your party.

Seating for 12 and space for 30

\$95 first hour/\$65 each additional hour

**Small Party Room**: Space for up to 10

\$75 first hour/\$40 each additional hour

**Add-On Options:** 

requires party package above. Day/time limitations apply.

Climbing Wall Add-On: A dedicated wall attendant focused on your

party guests | \$35/hour per 10 guests

**Gym Court Add-On**: Dedicated use of a single court,

includes volleyball set up as desired | \$65/hour

### PRESCHEDULED SWIM GROUPS

Groups wanting to swim at either the Longmont Recreation Center or Sunset Pool are asked to schedule ahead of time and receive a discounted entry fee. Requests are taken up to 6 months in advance. Non-scheduled groups can be turned away if insufficient capacity or staffing exists.

Email swim@longmontcolorado.gov with details.



# **FACILITY RENTALS**

More detailed information about facility rentals, including any additional admission fee requirements or day/time constraints, are available online at bit.ly/LongmontFacilityRentals.

#### St Vrain Memorial Building

700 Longs Peak Ave | 303-651-8404

Gymnasium Rental: \$65/hr
After Hours All-Facility: \$105/hr & up
Itty Bitty Gym Rental: \$220/2 hrs

#### **Longmont Recreation Center**

310 Quail Rd | 303-774-4800

Meeting Rooms: \$35/hr & up
Gym-Single Court: \$100/hr
Gym-Feature Court: \$200/hr
After-hours All-facility: \$450/hr & up
After-hours Lap Pool: \$95/hr-\$125/hr
After-hours Leisure Pool: \$150hr-\$250/hr
After-hours Both Pools: \$200/hr-\$300/hr

#### **Centennial Pool**

1201 Alpine St | 303-651-8406

Saturday & Sunday after 12pm. Ideal for celebrations or dedicated time to work on your kayak roll. Contact Swim@LongmontColorado.gov.

After Hours Pool Options:

Up to 20 people: \$95/hr 21 + people: \$150/hr

#### **Sunset Pool**

1900 Longs Peak Ave | 303-651-8300

Open Swim Rental Options

Indoor Party Room: \$120/2 hrs
Brown Shelter by Pool: \$120/2 hrs
Tent Shelters: \$80/2 hrs

After Hours Rentals: Full for the 2024 Season. 2025 Reservations will open mid-February 2025.



# **FACILITY RENTALS**

The City of Longmont and Longmont Recreation Services have a number of facilities that are available to rent for a meeting or special event. Fees listed are for Longmont residents, non-resident rate slightly higher.

Cancellations with two weeks notice or less are subject to loss of deposit and/or loss of a percentage of fees paid. Please be aware that special permits are required if you are holding a large event, charging admission or serving or selling alcohol, regardless of date.

# LONGMONT RECREATION SERVICES

All Recreation Services facilities offer during-hours and after-hours rentals. bit.ly/LongmontFacilityRentals

#### **Centennial Pool**

**1201 Alpine St** | **303-651-8406** Multipurpose Room, Pool Rental



**St Vrain Memorial Building 700 Longs Peak Ave** | **303-651-8404** Meeting/Party Rooms, Gymnasium

### **Longmont Recreation Center**

**310 Quail Rd** | **303-774-4800** Meeting/Party Rooms Gymnasium | Pool Rentals



#### Historic Callahan House 312 Terry St | 303-776-5191

Capacity In-house event: 75 Sit-down meals: 36-48 House and garden: 100

Weddings & Receptions, Parties, Meetings, Retreats. Cost varies; deposit required.

LongmontColorado.gov/Callahan

#### **Park Shelters**

Apr 12-Oct 13: \$50-\$75 res day/\$63-\$94 nr Shelter rental fees are not collected between the 2nd Sunday in October and the 2nd Monday in April due to restroom winterization. Shelters without a key deposit are welcome to be used during winter months: please reserve if event is more than 2 hours. Reserve a shelter: call 303-651-8404 or online at LongmontColorado.gov/park-shelters For info on parks: bit.ly/parkfinder

### **Izaak Walton Clubhouse**

18 S Sunset St | 303-651-8404 Capacity: 95 people with tables & chairs Cost is \$75/hr Fri, Sat, and Sun. Limited availability M-Th; call for details. \$200 deposit required. Subject to closure in 2024-2025

#### **Willow Farm Barn**

901 S Fordham St | 303-651-8404 Enclosed unheated shelter with six picnic tables adjacent to playground and modern restrooms. Mid-April to mid-Oct. \$125/4-hr time block; \$250 deposit required.

#### **Lashley St Station**

**1200 Lashley St** | **303-651-8443** Meeting/party rooms, capacity 35-50. \$65/hr. Kitchenette, whiteboard, tables and chairs. Weekend availability. \$200 deposit & bldg supervisor required.

#### Roosevelt Ice Pavilion-Seasonal

725 8th Ave | 303-651-8443 Limited private ice rentals.

# Sunset Pool - Seasonal

**1900 Longs Peak Ave** | **303-651-8300** Indoor Meeting/Party Room Outdoor pool and shade shelters

Athletic Fields - Seasonal Long & short term | 303-774-3527

#### **Commercial Use of Parks**

Looking to host classes or camps at public parks? Reservations Required | 303-651-8443

#### Sandstone Ranch Visitors & Learning Center

**3001 Sandstone Dr** | **303-651-8443** Small venue for weddings, anniversaries, meetings, retreats and other events.

#### **Golf Course Rental Facilities**

Sunset | 1900 Longs Peak Ave | rental number 303-651-8466 Meeting Room (off season), outdoor options for parties and weddings. Large trees, beautiful views. Onsite catering. Full bar onsite.

Twin Peaks | 1200 Cornell Dr | rental number 303-877-4678 Meeting room (year-round), outdoor covered/uncovered patio. Indoor/outdoor options for parties & weddings. Full bar onsite.

Ute Creek | 2000 Ute Creek Dr | rental number 303-774-4342

Meeting room (off season), covered outdoor patio and pavilion perfect for parties and weddings. Stunning Views. On and off-site catering. Full bar onsite

#### **Longmont Museum**

400 Quail Road | 303-651-8374 Multiple spaces from 50-person classroom to 250-seat auditorium. longmontmuseum.org

#### NOT SURE WHERE TO START?

For assistance finding space for your special event please contact RecSupport@longmontcolorado.gov with your particulars or call our event planning hotline 303-651-8443.

# Longmont Public Library

409 4th Ave | 303-651-8795 Capacity: 12 people Classroom and meeting space Free - Only non-profit/educational usage.

#### **Fire Station Community Rooms**

Non-Profit groups only. Contact Longmont Fire Admin at 303-651-8437 or Kimberly.gearhart@longmontcolorado.gov City of Longmont 700 Longs Peak Ave Longmont, CO 80501

# POSTAL PATRON

PRSRT STD US POSTAGE PAID LONGMONT, CO PERMIT NO. 19

# CHECK OUT OUR UPCOMING FALL EVENTS





